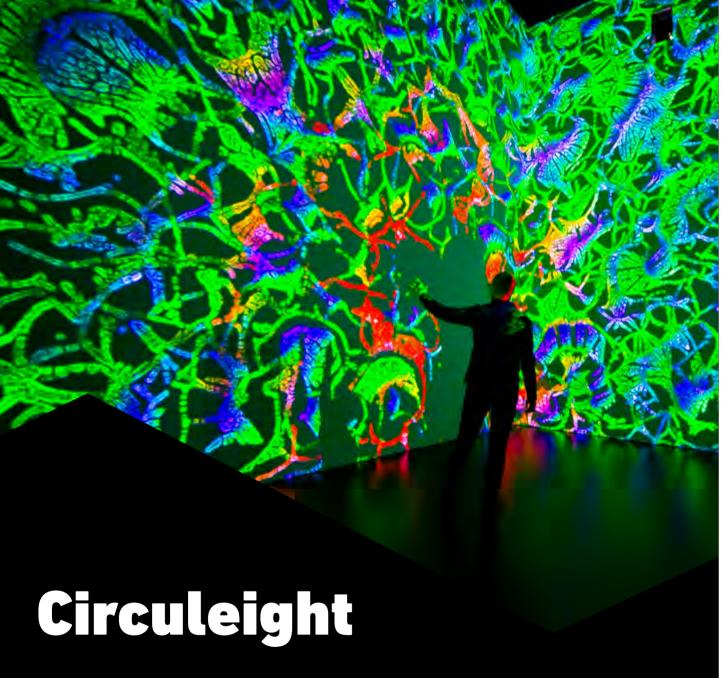
# TOURISM, CULTURE AND BUSINESS ISSUE 51 · 2023 CELANDIC INVESS ISSUE 51 · 2023 The Viking Village **Under The Mountains Icelandic Lamb Roaming Free** Volcanic Vestmannaeyjar **Explore Art Up North**



An innovative installation that features designs and real-time interactive visuals inspired by Icelandic nature and original music by renowned Icelandic composer Högni Egilsson.



harpa.is





#### **Three Locations**

### In the Center of Reykjavík



**Listasafn Íslands** National Gallery of Iceland

Pórarinn B. Porláksson (1867–1924)
Uppstillina / Still Life with Apples and a Vase, 1924



**Safnahúsið**The House of Collections

Gunnlaugur Scheving (1904–1972) Sumarnótt / Summer Night, 1959



#### **Hús Ásgríms Jónssonar** Home of an Artist

Bergstaðastræti 72 101 Reykjavík

Ásgrímur Jónsson (1876–1958) Kvöld í Reykjavík / Evening in Reykjavík, 1916

+354 5159600

www.listasafn.is

#### TOURISM, CULTURE AND BUSINESS TIMES TELES TOURISM, CULTURE AND BUSINESS TIMES TIMES

p until the late 20th century, Iceland was known as Europe's Best Kept Secret. Only a few adventurers visited and were awed by its spectacular sights and beauty. Things changed as tourism developed worldwide and some people looked for something different from baking on burning beaches. What they discovered in Iceland, they spread like wildfire to countries as far apart as America and China. For Europeans, too, the flight was short and the experiences were life-changing!

In this issue, you will get an idea the nature, geological features, the culture, history and lives that formed this nation and makes it so attractive to visitors. Nothing in print will compare with an actual trip to see for yourself the beauty, the stark, rugged landscapes, the people that make up this country and the friendships that can be built.

When the Eyjafjallajökull volcano erupted and stopped air traffic for some time, it put Iceland firmly on the map. While

other volcanos have erupted since then, there are so many more due to erupt and, if they do, they could change life in the northern hemisphere for years to come. So now is the time to take the opportunity to visit the country and experience it for yourself! From horse riding to caving, from boating amongst icebergs to enjoying a Réttir, or sheep



round-up, from dining on mountain lamb to tasting shark meat, from seeing the Northern Lights dance across the sky in winter to watching the Midnight Sun in summer, this land is so diverse, you'll be sharing it with friends for years to come. Welcome to the land of Iceland, that never stops surprising!

Finar Th. Thorsteinsson

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#### Icelandic lanauaae

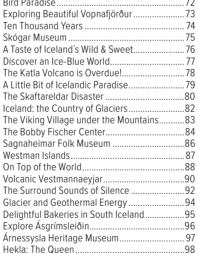
Icelandic is one of the European root languages, like Latin. There is no 'c' or 'z' in modern Icelandic, except in foreign words. However, it still contains some letters not found in most other languages. This basic list provides a general idea of their sounds. using familiar words rather than phonetics.

Character	Pronunciation
á	Like 'ow' in 'cow'
æ	Like the personal pronoun 'I'
ð	Like 'th' in 'with'
þ	Like 'th' in 'thing'

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sustainability and the ethical issues related to the work promoting further sustainability development. The pieces allow the viewer to ponder existence, nature, how people choose to live their lives, and what impact they want to have.

On the 4th floor, Air is the theme, and you can travel through the sky and mountains of Iceland, which is constantly shaped as an active volcanic area. Here you can find works showing Icelandic glaciers retreating rapidly due to climate change. Manufactured emissions of greenhouse gases cause climate change, and the consequences of these changes on Earth include the melting of glaciers and an increase in weather extremes. The approach of the artists who have works here is everything from showing a realistic picture of nature to pointing out what is common in the biosphere and what is unique.

Meanwhile, on the third floor, Land is the theme and works related to the earth, biodiversity, plants, and animals can be found. Soil is essential to the ecosystem and not least to humans because it is the basis of all food production on dry land. In earlier times, people lived in (turf) houses such that it was not always clear where the land left off,

around the ocean theme. Some discuss its beauty, while others examine how it gives or takes. The world's oceans are connected and cover more than 70% of the Earth's surface. Some works show a different attitude towards the sea, where humans either belong to nature or dominate it.

Artists have always worked with interdisciplinary issues, and the artworks on the first floor deal with issues related to the Laws of the world in physics and chemistry. In the same way that science inspires artists, a work of art can bring out unique and often unpredictable perspectives that challenge scientific ideas and assumptions. All things in the universe, including the human body, are composed of energy, which connects and comes together in closed circuits. Energy is constantly flowing and ever-changing.

In the basement of Safnahúsið, there is a world of legends and folktales preserved for centuries. Folktales provide a wide range of inspiration, not only in books but also in movies, video games, advertising and artwork. By looking at Iceland's folklore, you can connect strong feelings towards the issues of the earth that are important to understand and act on.











### **NATURALLY DELICIOUS**

**ICELANDIC LAMB - BEYOND COMPARE** 

The taste of Icelandic lamb is unrivaled. Our pure bred lambs graze free in the pristine wilderness of Iceland, eating luscious green grass, berries and wild herbs such as red clover, Arctic thyme, sedge, willow, thrift and angelica. The end result is a tender fine-textured meat that is both naturally rich in Omega-3 and iron and infused with the flavor of nature. Icelandic lamb is a taste experience beyond compare.

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#### TOURISM, CULTURE AND BUSINESS TIMES





Photo from the home of the artist Ásgrímur Jónsson, (1876-1958) at the exhibition



#### Ásgrímur Jónsson's house is home to a stunning collection

A rtist Ásgrímur Jónsson (1876-1958) is one of the pioneers of Icelandic art history and became the first Icelandic painter to make art his main occupation. He studied at the Royal Academy of Arts in Copenhagen, and after completing his studies, he travelled around Denmark, Italy and Germany before returning home to Iceland.

Icelandic nature was Ásgrímur's main subject, and his work laid the foundation for Icelandic landscape art. His view of nature was shaped by the romanticism of the 19th century, and he remained faithful to it, although his focus and working methods changed during his nearly 60year career as an artist. Ásgrímur also pioneered the illustration of Icelandic legends and fairy tales and is one of Iceland's most active folklore illustrators. Ásgrímur painted in nature and made a special effort to interpret the light of the land. He painted with watercolours and oils and occupies a special place in Icelandic art as a watercolour painter. Ásgrímur died in 1958 and bequeathed to the Icelandic nation all his works of art, together with a house at Bergstaðastræti 74 in Reykjavík. In 1960, Ásgrímssafn

was opened in his house. In 1987, when the Icelandic Museum of Art moved to its premises, Ásgrímur's collection was merged with the Museum of Art according to the provisions of his will. The current exhibition at Ásgrímssafn

is Gluggi í Reykjavík (Window in Reykjavík), a selection of works by Ásgrímur. The view from the window in Vinaminni, where he first lived after his return to Iceland, became a familiar motif for him, with Reykjavík harbour and Esja facing each other. Also, the view to the south from the studio's skylight at Bergstaðarstræti 14 became another inspiration. The watercolours capture the light of the land in his work.

Ásgrímur's life's work, his art, spans a long period in the nation's history, a time when rural society began to disperse, and Reykjavík changed from a town to a city. Many of Ásgrímur's paintings from Reykjavík, painted in the first half of the 20th century, depict a peaceful small town where houses are huddled on the far side of the sea but also display a vibrant city. Paintings show people working on street construction in an urban society in the making. The artist's perspective looking



View from the artist's window, 1948 Ásgrímur Jónsson, (1876-1958)

out the window is a common subject in art history. The intimacy with the artist is excellent in these works, and in Ásgrím's house, you can see through the window the same perspective that Ásgrímur captured on canvas and paper. The unique shades of the houses in the town are enjoyed, and despite the changing times, the Reykjavík that Ásgrímur knew so well and in his works can be seen many of the city's well-known landmarks today, such as Tjörnin. -JG



**Ásgrímssafn** Bergstaðastræti 74 101 Reykjavík



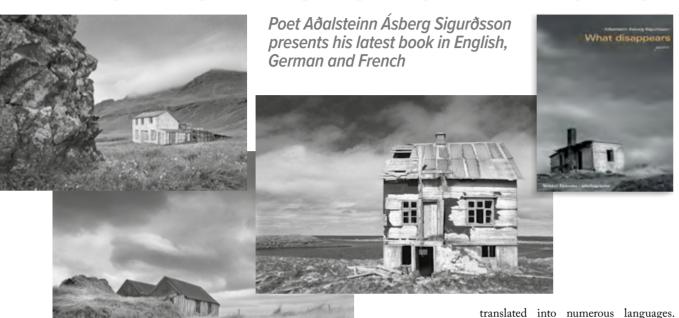


### **ANOTHER WORLD**



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### What Disappears: A POETIC IMAGE OF ICELAND'S PAST



Renowned Icelandic poet Aðalsteinn Ásberg Sigurðsson has published bilingual editions of his latest work, Það sem hverfur / What Disappears. The book, now available in English, German and French, presents a moving and unique image of an Iceland that once was. Photographs of abandoned houses by Nökkvi Elíasson accompany the book, providing striking images to Aðalsteinn Ásberg's hauntingly beautiful words.

In What Disappears, poetry and photography complement one another with a poignant effect and arouse a strong feeling for the ephemeral. Sorrow-filled beauty amplifies the echoes of the past that, in some way, continues to move us. Readers are treated to themes of nature, time, dreams, and relics of the past. Each bilingual edition features the poem in its original Iceland, next to either English, French or German.

This book isn't the first time Aðalsteinn Ásberg and Nökkvi have worked together. Their first book, Eyðibýli / Abandoned Farms, was published in 2004 when it garnered well-deserved attention. Their collected works have since travelled far and wide in various forms and have received excellent reception. Music has been composed together with the poetry, and the photographs have adorned book covers and magazine pages.

Aðalsteinn Ásberg, who was born in the north Iceland town of Húsavík and is currently based in Reykjavík, is a well-respected figure on the Icelandic literary scene. He made his literary debut in 1977 with a book of poetry, Ósánar lendur / Virgin Soil. Since the '70s, he has published many books of poetry, poetry translations, one novel, a collection of short stories and a dozen children's books. His poems have been

translated into numerous languages. Apart from his writing, he has produced recordings of his lyrics and songs and has collaborated with several well-known musicians.

Aðalsteinn Ásberg is the founder and editor of Dimma Publishing, which focuses on Icelandic literature and translations of foreign literature. Dimma is also a music label mainly for folk music and jazz.

Meanwhile, Nökkvi, who was born in the north Iceland town of Sauðárkrókur, launched his photography career in 1987, focusing mainly on black and white images. Photographing abandoned houses and deserted farms is a personal passion, and his work has appeared widely on book jackets, as well as in newspapers and magazines in Iceland and abroad.

What Disappears is an ideal souvenir to bring home from your trip to Iceland. The poems, enjoyed in English, French or German, will stay with you, as will the desolate and delicate photos of Iceland's past.



#### Visit one of the most unique museums on the planet

√he Icelandic Phallological Museum is one of the most unique museums in the world and one of the mostvisited in Reykjavík. The museum contains a collection of more than 300 penises belonging to every species of mammal found in Iceland and scores of foreign species. Visitors to the museum will see specimens belonging to whales, a rogue polar bear, seals and walruses, and specimens originating from many different kinds of land mammals. "The collection began in 1974 and it's been constantly growing," said Þórður O. Þórðarson, the manager of the museum. "We have well over 300 penis specimens and 300 penis themed art and cultural pieces."

#### History of the museum

The founder, Sigurður Hjartarson, a historian and teacher, began this collection in 1974 when colleagues who worked at the nearby whaling station in West Iceland began giving him whale penises to tease him. The idea of collecting specimens from more mammalian species was born. Collecting the organs progressed and by 1980, he had collected 13 specimens, four from whales and nine from land mammals. In 1990 there were 34 specimens and, when the museum opened in Reykjavík in August 1997, the specimens totalled 62. In the Spring of 2004, the museum moved to the small fishing village of Húsavík, the whale watching capital of Europe.

It was moved back to Reykjavík in 2011 and opened under the direction of a new curator, Siguður's son.

#### New and exciting location

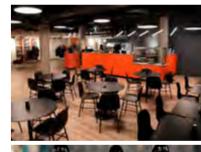
"The first location in Reykjavík was great, but we had to relocate because the collection grew and the number of visitors grew as well," said Þórður. "We are now located at Hafnartorg, which is a great area of Reykjavík near Harpa." The museum has undergone extensive changes to improve the visitor experience. There is more space for guests to roam and view the specimens and the technology has been enhanced, with touch screens adding a modernized feel. Another exciting addition has been a phallus-themed bistro where locals and tourists can enjoy food, coffee and beers on tap from local breweries.

A visit to the Icelandic Phallological Museum is a unique, must-see experience when visiting Reykjavík. The museum, which is open every day from 10:00 – 19:00, is a great way to spend a couple of hours in the capital, and it will be a conversation



piece for years to come! - JG









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### 64° REYKJAVÍK DISTILLERY: QUALITY CRAFTED SPIRITS

An independent distillery with unique spirits and liqueurs

64°Reykjavík Distillery is a family-run, independent micro-distillery that handcrafts unique Icelandic-inspired spirits and liqueurs. Popular among locals and visitors alike, the spirits feature flavours including blueberry, juniper, crowberry and rhubarb. The distillery, which was founded in 2009, uses handcrafted processes to create the spirits including natural infusion and

small batch distillation. The ingredients are sourced sustainably, and are proudly foraged locally in Iceland. Great care is spent in selecting the best ingredients as the unique quality and intensity of the berries are key to the rich flavours of the spirits. There is a short window for foraging berries in Iceland, so the pickers must time the season perfectly to collect the best berries.



The spirits, which can be enjoyed in mixed drinks or on their own, can be found in the finest restaurants and bars in Iceland as well as in state-run liquor stores.

#### Something for everyone

There is a flavour to suit every taste: the blueberry, crowberry and rhubarb liqueurs are on the sweet side and are great for cocktails or to enjoy along with

Reykjavík Distillery's Einiberja (juniper) is a delicious gin that has an elegant, pure, yet intense and crisp flavour. Meanwhile, the company's Brennivín packs a bit of a punch. Distilled from the best organic caraway seeds and local angelica seeds, 64° Brennivín is enjoyed neat with traditional Icelandic food. Lately, local and international bartenders have discovered 64° Brennivín, along with other 64° Reykjavík Distillery spirits, to design fantastic cocktails. -JG











#### DRINK DIFFERENT.







#### See the treasures of Icelandic art in diverse exhibitions

T istasafn Íslands' National Gallery Lof Iceland has a long and proud history; it was founded in October 1884 in Copenhagen by Birni Bjarnarson (1853-1918), a county commissioner. The museum's works were displayed in Albingi from 1885 to 1950 when it moved to the Museum House on Suðurgata, which it shared with the National Museum of Iceland. The art museum was officially opened there in 1951. In 1987, the gallery moved to its current home at Fríkirkjuvegi 7, one of the best places to explore Icelandic art in Revkjavík.

The National Gallery puts on beautifully curated exhibitions featuring an exciting array of Icelandic artists. Its latest exhibition, Fram fjörðinn, seint um haust, by Sigtryggur Bjarni Baldvinsson, features large watercolour works that Sigtryggur painted focusing on a late autumn theme in the northern region of Héðinsfjörður. Over the past several years, an increasing number of Sigtryggur's pieces have originated in Héðinsfjörður, a desert fjord on Tröllaskagi, where the artist has documented nature in the fjord.

Sigtryggur views the work in Héðinsfjörður as an attempt to listen to nature, seek information and convey an important message. Still, the artist has followed the changes in the fjord's ecosystem with exhibitions. The works at the exhibition Fram fjörðinn are the result of the artist's work in Héðinsfjörður for the

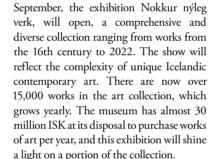
past two years and reflect the state of the landscape in a larger context where autumn prevails, and a harsh winter can be expected.

Another hall in the National Gallery features the exhibition Glerregn by visual artist Rúrí, which is on display until the end of August. The work consists of 500 razor-sharp pieces of glass, each ending in a point, spanning from the ceiling to the floor. Each glass hangs on a clear thread, so the air moves when you walk by the piece, and the glass starts to rotate on the lines. By entering the work, the viewer is exposed to an experience that cannot be obtained by merely looking, and when the sharp glass closes around the viewer, the threat seems almost palpable.

Guests can also view a private collection of artworks that were donated to the gallery in 2022 by the couple Ingibjargar Guðmundsdóttir and Þorvaldar Guðmundsson. The exhibition, Síld og Fisk, consists of paintings, drawings,

graphic works, and sculptures, is one of the largest private collections in Iceland and includes around 1400 works by many of the nation's leading artists. Of these, there are about 400 works by Jóhannes S. Kjarval, who was a great friend of the couple.

There's always a lot to look forward to as the exhibitions rotate a few times a year. In



The National Gallery is ideal for art lovers to spend a couple of hours during a holiday in Reykjavík. The exhibitions change during the year and it's best to visit the Listasafn Íslands website for information on current and upcoming exhibitions. It's open every day from 10 am to 5 pm, closed on Mondays. Be sure to stop by during your trip!



Listasafn Íslands Laufásvegur 12 101 Reykjavík

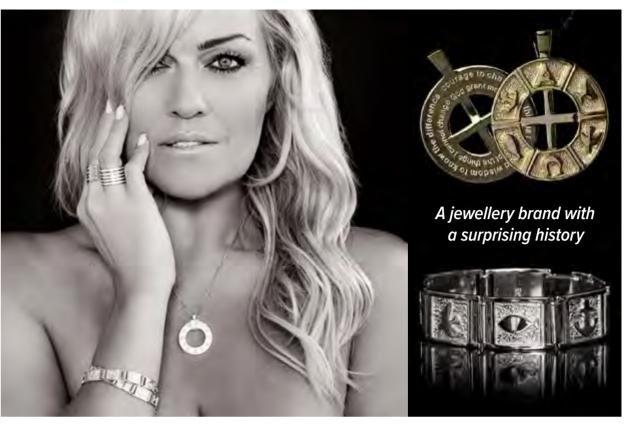




Haust 1/Autumn 1. 2022 Sigtryggur Bjarni Baldvinsson (1966)



Glerregn / Glassrain, 1984 Řúrí, (1951)



### Vera Design A Piece of Icelandic Saga

Tera Design's jewellery is sold in 24 stores in Iceland and one in the Faroe Islands. The design is classy, based on traditional symbols and has roots in Icelandic history.

Íris Björk Jónsdóttir is the woman behind Vera Design. Her road towards becoming a jewellery designer is not a traditional one. She began designing at a young age, building houses out of rocks in her parents' garden. When she was 25, she bought her first apartment and decided to gut it and design it from scratch. But when she was 30 years old, she was gifted a beautiful bracelet. This bracelet, unbeknownst to her, would point her in a direction that would lead her to become a jewellery designer a few vears later.

This sounds dramatic, but the story is not. "At the time, I had no idea who the designer was. It wasn't until a few years later I found out it was the father-in-law of my blood sister, Kristín Ósk. And what's more, she designed it with him!" The designer, Guðbjartur Þorleifsson, was born in 1931 and raised in Reykjavík. He started studying to become a goldsmith at 16 years old and later became a painter and sculptor. In 2012, Íris bought Guðbjartur's jewellery designs.

"We started working together at that time, and he taught me everything I know about jewellery making", she says. Guðbjartur sadly passed away a few years ago. "I try to keep his spirit alive in everything I do, and nearly all of my designs have some story behind them. After I started Vera Design, the first item I made was a necklace with the serenity prayer, based on the Infinity bracelet I had been gifted", Íris says. "I was sitting in my kitchen wondering how I could finish the design when Nadía, one of my

twin daughters, comes to me and asks, 'Why don't you add a cross in the middle? That way, it is all connected'. And she was right; the design was complete when I added the cross."

Íris works with a team of goldsmiths who used to work with Guðbjartur as well. She says she's slowly expanding the store with a new partner and they will be marketing the designs more abroad as well as at home. "My jewellery is sold in 24 stores in Iceland, and one in the Faroe Islands. Then I have the online store veradesign.is, which has grown a lot in the past year.

"Design has always been easy for me, and it is always fun. It doesn't matter if I'm designing jewellery, whole houses or kitchens. It is always easy because I love what I do", Íris says cheerfully. "However, if it weren't for Guðbjartur and his work, I wouldn't be doing what I'm doing today."



Vera Design



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he Icelandic lamb is a protected species with a pure lineage of 1,100 years. Grazing freely in wild pastures, lamb is a crucial part of Iceland's heritage and a proud tradition dating back to the Viking age. Icelandic lambs graze in Iceland's rugged mountainous pastures on lush green grass, wild herbs and fresh berries, which make Icelandic lamb instantly recognisable for its delicious and distinctive flavour.

What makes Icelandic lamb so unique? The sheep have adapted to the harsh conditions of Iceland and have kept Icelanders alive for centuries. They have survived inclement weather and volcanic periods in Iceland's history. "Icelandic lamb has been feeding us with meat and milk for centuries and provided us with fur and wool to clothe us," says Hafliði Halldórsson, the CEO of Icelandic Lamb. "It's important to the survival of this nation, and it's a favourite among most Icelanders if they want to cook something Icelandic."

Iceland's environment is also beneficial to the sheep raised in Iceland as the water is clean, the air quality superb, and they have a vast landscape to roam. Icelandic

lambs work their way from the lowlands to the highlands, from where the farmers bring them down in the autumn. "All sheep farming is done through small family farms," says Hafliði. "The animals follow a natural lifecycle in good conditions. Lambs are born in May; in June, they are left free to roam in diverse landscapes. In the autumn, they are brought back to the farms with some slaughtered and sent to market."

A tradition in Iceland called the Réttir is quite remarkable to witness. During September, many Icelanders head to the countryside to participate in the Réttir, the annual sheep round-up. Réttir is one of the country's oldest cultural traditions. Icelandic sheep farmers reunite with family and friends and invite anyone interested to help round up the sheep from their summer grazing period in the mountains. Réttir involves a lot of walking and horseriding, followed by a night of celebration, with some festive singing and dancing. The first round-ups of the year start early in September and continue across the country until early October.

Lamb is one of the most delicious and authentic foods to eat in Iceland.

Hafliði Halldórsson Managing Director of icelandiclamb.is

Served in all seasons, Icelanders love to grill lamb in the summer, enjoy kjötsúpa (meat soup) in the autumn and have lamb on the table for holidays like Christmas and Easter. Travellers are encouraged to sample Icelandic lamb on a trip to Iceland. Hundreds of restaurants and cafes around the country offer fresh, local lamb on their menus. The locals love it and travellers can't get enough. In fact, according to Gallup surveys from the last seven years, lamb is the most popular food choice for tourists visiting Iceland, followed by Cod, Skyr and Salmon. For information on lamb recipes and some restaurants that serve Icelandic lamb, visit www.icelandiclamb.is.







he Spanish Mediterranean coast attracts people from around the world with its sunshine, rich culture and activities, and Las Colinas Golf & Country Club is at the centre of it all. Homes at the Las Colinas Golf & Country Club, south of Alicante, offer buyers the chance to enjoy a private community with luxurious amenities overlooking the sea or their world-class golf course. Customers across Europe have purchased homes in this exclusive, gated community, revelling in more than 300 days of sunshine a year.

Las Colinas Golf & Country Club, which is just an 8-minute drive from the beach, offers a selection of individual villas, two-bedroom, three-bedroom apartments, and penthouses. The spacious homes offer large terraces to soak up the sun and find the perfect balance between design and functionality. The views are divine, offering backdrops of the thick Mediterranean forest, the gorgeous sea, or the 18-hole golf course. All properties

include a garage, storage space and common areas with a swimming pool.

There are three restaurants are in the community, giving residents spectacular dining choices close to home. Il Palco serves traditional Italian cuisine by renowned chef Fabio Morisi, while Umawa, under the guidance of Chef Alfonso Lillo, fuses Nikkei gastronomy with fresh Mediterranean produce. Meanwhile, Unik offers an extensive cafeteria-restaurant menu that includes classic Mediterranean tapas, salads, sandwiches and hamburgers, and pasta, fish and meat recipes.

Owning a villa or apartment at the complex comes with numerous privileges, including discounts on using the facilities at the Golf & Country Club and discounts on the Sports & Health Club. Indeed, the Sports & Health Club has a gym equipped with everything you need for a full workout, a swimming pool and a wellness area dedicated to relaxing mind

and body, offering massage and beauty treatments and a physiotherapy service.

With a mild summer averaging 12-13 degrees and what seems like endless daylight, playing golf is a dream at Las Colinas Golf & Country Club. The 18-hole course is a championship golf course that hosts tournaments and international events for amateurs and professionals. Homeowners have access to the course, a practice facility, a golf academy and state-of-the-art technology. Las Colinas Golf & Country Club is a home away from home, with properties offering comfort, privacy and unrivalled amenities on the gorgeous Spanish Mediterranean coast.



#### Las Colinas Golf & Country Club

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afnarhús is the centre of Revkiavík's contemporary art scene, with six galleries displaying some of the best modern Icelandic art. Hafnarhús is close to the old harbour in the oldest part of Reykjavík, where the earliest wharf and ageold moorings lie. The building was designed by one of the originators of Icelandic architecture, Sigurður Guðmundsson; the building was completed in 1939 and was renovated in 2000 to house the programmes of the Reykjavík Art Museum. Hafnarhús displays works from the collection of the artist Erró, a significant player in the international pop art scene, and hosts a variety of contemporary art exhibitions.

#### Home to Erró's works

The artist Erró, or Guðmundur Guðmundsson (b.1932), studied at the Icelandic College of Arts and Crafts from 1949-51 and went on to further studies in art schools in Oslo, Florence

and Ravenna. He is indisputably one of the best-known Icelandic contemporary artists, and his work is inspired by surrealism and is in the vanguard of pop art and European narrative painting. In 1989 Erró gave the city of Reykjavík an extensive collection of his work, which has been a mainstay of Hafnarhús since its opening. Erró has also turned over a broad array of his personal effects and books to the museum. The Erró collection grows with every passing year.

The current exhibition of Erró's work on display is called Cunning Scissors, which shows Erró's artworks from the last 60 years. Through collecting, cutting, pasting and then painting, Erró has freely mixed and quoted found material, transforming it into dynamic, striking and jarring visual collisions. In doing so, he lends new meaning to the abundance of images that can be gleaned and culled from history, current events, world influences and our everyday lives. The show will be on until the end of December.

#### Upcoming exhibitions

Hafnarhús curators rotate exhibitions several times a year, and there is always something interesting to see. In June, Kaleidoscope: Icelandic 21st Century Art opens, where you can see a selection of the art acquired for the museum's collection over the last two decades. The collection spans as much as possible the breadth and the new emphases that can be found in the Icelandic art scene, both by recognised artists of the time, such

as Ragnar Kjartansson, and the work of the younger generation of artists.

Also in June, the exhibition D-48 by Dýrfinna Benita Basalan (b.1992), also known as Countess Malaise, opens. Dýrfinna draws inspiration from different countercultures, manga, queer culture and her experiences as a mixed-race person living in Iceland. Dýrfinna is one of the three members of the art group Lucky 3, along with Melanie Ubaldo and Darren Mark, who won the motivational award of the Icelandic Art Prize in 2022.

Meanwhile, Helena Margrét Jónsdóttir's paintings will be on display in August. Helena Margrét's work interprets everyday consumerism in a style that can be likened to a mix of realism and surrealism. Helena Margrét (b.1996) is a visual artist based in Reykjavík. She has studied at The Iceland University of the Arts, The Reykjavík School of Visual Arts and The Royal Academy of Art in Den Haag. Her recent solo exhibitions include Liquida (2021) at Plan X Art Gallery in Milan, Italy and A Ghost of Another Ghost (2021) at Hverfisgallerí in Reykjavík.

The final exhibition opening in 2023 will be in October, featuring the work of Klāvs Liepiņš (b. 1991) and Renate Feizaka (b. 1987). The artist duo focuses on identity, gender and self-validation within a socio-political context in their work. Klāvs holds a BA in Contemporary Dance from Iceland University of the Arts, and Renate holds a BA in Fine Art from Iceland University of the Arts.

### KJARVALSSTAÐIR Jóhannes S. Kjarval and Beyond



Explore the work of master Icelandic artist Kjarval and featured exhibitions

jarvalsstaðir is home to the works of one of Iceland's most influential and recognised artists, Jóhannes S. Kjarval (1885-1972). The exhibitions at the museum feature paintings and sculptures by the established masters of modern Icelandic art. In addition to the permanent collection of Kjarval's work, there are rotating exhibitions.

The museum is located on a quiet street in Reykjavík surrounded by Klambratún park, a lovely spot in Reykjavík. The vast floor-to-ceiling windows in Kjarvalsstaðir look out onto the lush grounds and stone-tiled courtyard.

#### Kjarval: An Icelandic master artist

Kjarval is a significant figure in Iceland's cultural history as one of the nation's most well-respected artists of all time. He is best known for interpreting Icelandic nature, mainly the mystical visual world manifested in his art. In Kjarval's long artistic career, his

essential vision remained the same – that nature is alive – although the emphases of his work evolved and changed over the years.

A few years before his death, Kjarval donated some of his art and personal effects to Reykjavík in 1968, mainly drawings and sketches. His work was exhibited for the first time at the opening of the Kjarvalsstaðir Gallery in 1973. The collection has grown steadily over the years through purchases and invaluable donations from private individuals.

#### Current exhibition focuses on 20th-century art

In addition to Kjarval's work, the museum holds exhibitions throughout the year. The current exhibition, Kaleidoscope: Icelandic 20th Century Art, will be on view until early August. The exhibition celebrates 50 years since the opening of Listasafn Reykjavíkur's first location at Kjarvalsstaðir. To celebrate, museum curators are opening the vault;

the collection holds over 17,000 registered artworks of all types.

Kaleidoscope: Icelandic Art in the 20th Century takes a deep dive into Icelandic art during the last Century through the part of Iceland's proud culture. The exhibition has about 200 pieces from the museum collection and features works by many of Iceland's well-known artists and young talents.

The name of the exhibition, Kaleidoscope, comes from the toy of the same name that offers fragmented patterns. The curators maintain that an art museum's collection can never be viewed except in parts, various constructions and contexts. At the same time, the museum collection can never be anything but an incomplete selection of art creations in any given period, and people's view of the works is affected by the culture of the time. For those that would like a peek at the collection, visit the museum's website, www.listasafnreykjavikur.is/en, to explore the works.





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he sculptor Ásmundur Sveinsson (1893–1982) designed, worked and lived in a unique, dome-shaped building that now houses Ásmundarsafn. The structure is surrounded by Ásmundur's sculptures in the garden, and the inside of the building, inspired by vernacular Mediterranean architecture, is a stand-alone work of art. His work is often exhibited along with the works of other modern or contemporary Icelandic artists.

Ásmundur studied at the Royal Swedish Academy of Fine Arts in Stockholm under the guidance of sculptor Carl Milles and later lived in France, Italy and Greece before returning to Reykjavík. Several of Ásmundur's works can also be seen in public spaces throughout Reykjavík. Upon his death in 1982, Ásmundur bequeathed his works and his home/studio to the City of Reykjavík, and the museum was formally opened in the spring of 1983. The collection spans his entire artistic career and shows how his work evolved and changed over his long life.

The current exhibition, Mentor: Ásmundur Sveinsson and Carl Milles, features the works of both sculptors and is part of the collaboration between Millesgården Museum and Ásmundarsafn, the museums Beautiful works by a pioneer of Icelandic sculpture

dedicated to the life and work of the two artists. Carl Milles is one of Sweden's most respected sculptors, and, like Ásmundur, he donated his house, studio and work to the public after his death.

Carl Milles was Ásmundur's mentor during his student years in Stockholm and had a lasting impact on Ásmundur's art. The two museums have preserved records that shed light on how strong the bond between the two men was, and it can be found in their careers and works.

Milles used the history and culture of Sweden as inspiration for his works. Similarly, he encouraged Ásmundur to seek inspiration from Icelandic cultural heritage, as seen in his sculptures throughout his career. Both men emphasised that art belongs in public spaces where most people can access it. Ásmundur made most of the outdoor artworks in the Reykjavík area; some of his works can be found in other parts of the country. Milles' work can also be found in many places in Sweden, and he is primarily known for his fountains and water creatures. His works can also be found in other parts of the world, most notably in the United States, where he lived and taught for several years.



Anna María Design

The influence of the Icelandic nature

A nna María Sveinbjörnsdóttir is an Icelandic jeweller and designer who runs her own jewellery store, Anna María Design, on one of the main shopping streets in the city, Skólavörðustígur 3, in the heart of Reykjavík. Anna María studied both in Iceland and Denmark and has run her own company for more than three decades.

Anna María's design is pure, timeless and modern at the same time. She stresses exceptional attention to detail and craftmanship and has eye for the smallest detail.

The jewellery is both for women and men and encompass silver, gold, white gold, Icelandic stones as well as precious stones like diamonds. In the store, you can find one of the biggest selections of jewellery with Icelandic stones in the country like Agate, Mose-agate, Jasper, Basalt and Lava.

When it comes to emphasis and style, Anna María mentions free and organic forms based on the Icelandic nature. Iceland is surrounded by the Atlantic Ocean and its waves inspire the jeweller and much of her jewellery where you can see the forms of the waves on rings, necklaces, bracelets or ear-rings.

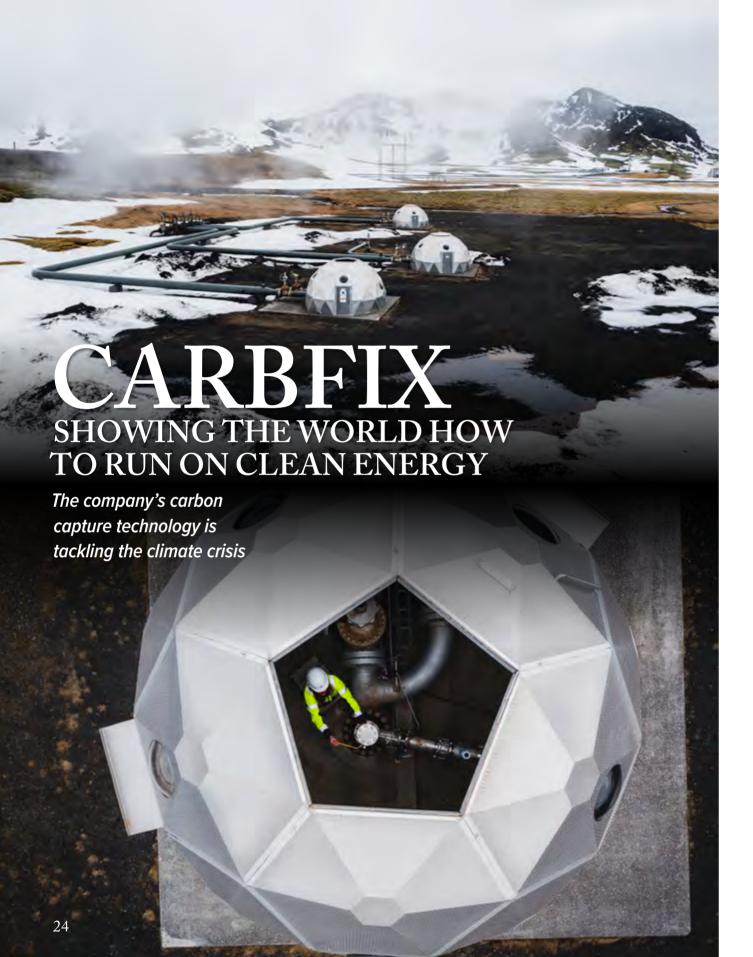
Filigree represents a delicate form of jewellery metalwork usually made in silver and is well known regarding the traditional Icelandic women's costume. In some of Anna María's designs you can find this extraordinary delicate work, which reminds one of the Icelandic heritage. -SJ











arbfix was established in Iceland in 2007 as an international research collaboration to explore whether nature's way of storing CO2 could be accelerated by dissolving it in water and letting it mineralise in porous rocks underground. The company started test injections of CO2 captured from a nearby geothermal power plant in 2011, and the process was proven to work much faster than expected. It turns out that within two years after injection, almost all of the CO2 has mineralised and is safely and permanently stored deep underground as carbonate minerals. Carbfix has operated this technology on an industrial scale in Iceland since 2012 and has mineralised over 80.000 tonnes of CO<sub>2</sub>.

Carbfix is involved with several interesting projects, and its most recent project is Coda Terminal, a planned CO2 transport and mineralisation hub in Iceland. Coda is scheduled to commence operations in 2026 and reach a capacity of 3 million tonnes of CO<sub>2</sub> per year in 2031. In 2021, Carbfix started mineralising CO<sub>2</sub> the Swiss company Climeworks captures directly from the atmosphere at their Orca DAC plant in Iceland. The company is also working to increase the proportion of CO2 they capture and store from the Hellisheiði geothermal plant from onethird to almost 100 per cent. This year, Carbfix started injecting CO2 emitted from a second geothermal plant in Iceland.

Iceland is an ideal location for a company with Carbfix's mission, as Iceland has abundant porous basaltic rock formations required for the company's method. However, basalt can be found in approximately 5% of the continents, and the majority of the ocean floor, so there are many other locations around the globe where Carbfix's technology could be used.

The scaling of carbon capture and storage is necessary to achieve the world's climate goals. Carbfix's primary focus is reducing the world's dependence on fossil fuels. However, some industries and processes don't have alternative solutions, leaving carbon capture and storage the only option to prevent their emissions from being released into the atmosphere.













Furthermore, Carbfix is an essential part of Iceland's achieving carbon neutrality by 2040. Applying the Carbfix technology to permanently store CO<sub>2</sub> emissions from geothermal power plants and emissions from power-intensive industries is a significant contribution to Iceland's goal of carbon neutrality and Iceland's targets and international obligations in terms of emission reductions.

Company executives believe that their safe, permanent and cost-effective carbon mineralisation technology can and will significantly tackle the climate crisis. Carbfix technology is agnostic to the source of  $CO_2$  so that the company can mineralise either  $CO_2$  captured from industries or directly from the atmosphere. Fortunately, the importance of capturing and storing  $CO_2$  – in addition to other efforts – is now universally recognised by policymakers. Carbfix believes the future is bright, but its technology and other technologies must be scaled up quickly for the world to reach its climate targets.



Carbfix https://carbfix.com/

### The one and only GRAFARVOGUR

Tf Grafavogur, a neighbourhood in Reykjavík, were an independent town, Lit would be the fourth largest in the country. More than 20,000 people live in the area, in a mixed settlement of singlefamily, terraced, and apartment buildings.

Development began in the 1990s and is still ongoing. Now, there is even a Vínbúð (the state liquor store). Residents pointed out a few years ago that there was no such store in the city's largest neighbourhood. At the same time, Kópasker, one of Iceland's smallest towns in North Iceland, had one!

Grafarvogur can be broken down into eight smaller districts; Hamrar, Foldir, Hús, Rimar, Borgir, Vík, Engi, Spöng, Staðir, Höfðar, Bryggjuhverfi, Geirsnef, Gufunes and Geldinganes. The last one is the only one still uninhabited, but there are plans for future construction there. The view over Reykjavík and Seltjarnarnes is breathtaking from there. Mount Esja gives Geldinganes, and the whole neighbourhood, good shelter from the cold northern winds.

The Grafarvogur neighbourhood is named after a cove of the same name, which is, itself, named after the now deserted farm, Gröf. It used to stand at the edge of the gorge where Grafarlækur flows into the sea.



Looking across Grafarvogur Cove to the Grafarvogur neighbourhood and the Grafarvogur church. It's the neighbourhood's only church and stands by the cove. Mount Esja and Móskarshnjúkar (on the right) can be seen in the background.



The Bryggjuhverfi district stands south of Grafarvogur; you can see Sundahöfn, Reykjavík's large shipping



Hallsteinsgarður Park in Grafarvogur. It's on a hill east of Gufunes. It has 16 aluminium sculptures by artist Hallstein Sigurðsson, made from 1989 to 2012, and is part of the Reykjavík Art Museum



Korpúlfsstaðir was originally a dairy farm built by Thor Jensen around 1925. The City of Reykjavík bought the land in 1942, and it is now an art centre, restaurant and facilities for golfers, while Korpúlfsstaðarvöllur Golf Course is on the old farm fields.



A large outdoor recreational area and an amusement park are in the neighbourhood.

### A Taste of Thai

Krua Thai serves an enticing cuisine in the heart of the capital city

R eykjavík's culinary charm is quite impressive for a small city, with a growing number of choices to suit all tastes. While there are traditional Icelandic restaurants serving fresh fish and tender lamb dishes, there are also fantastic restaurants specialising in food that you may not expect to see in Iceland. For instance, Krua Thai features classic and inventive Thai food in Reykjavík.

#### Impressive Menu

Quality ingredients, friendly service and a comfortable environment make Krua Thai a favourite among locals and travellers. The menus feature many of the staples you expect to see such as savoury spring rolls, tasty rice and noodle dishes, and glorious plates of Pad Thai. Main courses include delicious options like Pad Grapow, which is a fried dish with chilli and basil leaf in oyster sauce, served with rice and either chicken, pork, beef or lamb. There are also soups and salads on the menu. There is truly something for everyone.

#### Vegetarian-friendly dining

Non-meat eaters will feel more than welcome as Krua Thai has a large vegetarian section that is big on flavour. For instance, guests can enjoy vegetable noodle and rice dishes, as well as fried vegetables with tofu in oyster sauce, and a spicy vya salad served with rice.

#### Central location

Krua Thai at Skólavörðustíg 21a, is conveniently located in the heart of city centre, and is a delightful location for a meal. It has a cosy atmosphere and friendly staff who are eager to ensure you have an ideal dining experience. It's the perfect place for a meal after some time exploring museums, shops, and cafes in the trendiest and liveliest part of Reykjavík. If you want to spend the evening in at your hotel or guesthouse, you can order food to take away, and with delivery. Delivery is available daily until 21:00. -JG











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# BACK 200 YEARS



Alba Davíðsdóttir and Kári Pálsson going back 200 years in time at Árbæjarsafn

**66 years ago**, the city of Reykjavík decided to turn Árbær, then a rural country town that was becoming deserted, into a museum, named Árbæjarsafn. The best spot in Ártúnsbrekka, it has a great view of the capital. Old houses that formerly made up the city centre, were moved and rebuilt on the site for the sake of future generations. The oldest house is Hansenhús, built 200 years ago, in 1823 at Austurvöllur by Simon Hansen, a merchant who lived there until 1847. Many important people later lived in the house, such as Jón Árnason, the folklore collector, Sigurður Guðmundsson, Iceland's first real painter and Sigfús Eymundsson, the bookseller and photographer. The house was moved to Árbæjarsafn in 1960. All the buildings in the museum have a significant history, and there is no place or museum in Iceland where you can travel to the past as quickly as in Árbæjarsafn, which, today, is almost in the centre of the capital area.



Sleeping area in Árbær



The exhibition Neyzlan in Reykjavík in the 20th century



Árbæjarkirkja, built in Silfrastaðir in Skagafjörður in 1842, moved to Árbæjarsafn in 1960



A typical living room for the wealthy from around 100 years ago



The Guard's House in Grjótaþorpið, at Garðastræti 23, is believed to have been built around 1845 by Guard Guðmundur Gissurason. The Grjótaþorp could be called the first suburb of Reykjavík, but poor people built their homes there on a slope west of Kvosin in downtown Reykjavík. The Guard's House is probably the first wooden house built in Grjótaþorpið. It can be said that guards were the predecessors of police officers. They walked around the town and checked to ensure everything was alright, for instance, raising the alarm if there was a fire and being on the lookout for anything that could be considered abnormal.

The guards also had hourglasses and sang so-called watch verses every hour according to an old and good European custom so that the people of Reykjavík knew how the time was passing. Guðmundur Gissurarson and his family lived in this house, as he was Reykjavík's guard from 1830 to 1865. The house was preserved in 2001. The Antiquities Preservation took over the building in 2008 from the City of Reykjavík for restoration, which was completed in 2010.





The Guard's House, Garðastræti 23, built around 1845





Gróttuviti built in 1947 and Snæfellsjökull 109 km away

**Incredibly beautiful,** they have brought Snæfellsjökull closer to Reykjavík, I thought as I crossed Öskjuhlíð on my way to the center of Reykjavík. The course was changed, and the course was set to the west of Grótta in Seltjarnarnes, where it is best to capture the glacier from the capital. "Incredibly beautiful" said a Danish traveler who stood by his tripod and photographed the mood. "How far is it in a straight line to Snæfellsjökull from here" he then asked. "I have no idea." But then with the help of HERE maps, we saw that we were 109 km / 66 mi away from this 1446 m / 4744 ft high volcano in the west of Snæfellsnes, in the northwest across Faxaflói. The western part of Snæfellsnes is a national park, Snæfellsjökull which is almost 200 square kilometers in size. Snæfellsjökull last erupted in 272, the year Constantine I the Great, Emperor of the Roman Empire was born. He was the first Christian Emperor. Constantine moved the capital of the Roman Empire from Rome to Constantinople, now Istanbul, which he of course named after himself.



The Snæfellsjökull lights up in the January sun from Grótta



Akranes, seen from Seltjarnarnes across Faxaflói. Snæfellsnes to the left in the distance, the mountains rising up from Mýrar to the right



#### Sustainable artisan knifemaking in Iceland

One of a kind knives that will last you a lifetime

When people think about knife-making, nature and waterfalls are probably the last things that come to mind. However, that is precisely what you find when you visit Páll Kristjánsson and Soffía Sigurðardóttir's world-renowned sustainable knife atelier. Situated in the idyllic Álafosskvos in Mosfellsbær, only a 15-minute drive from downtown Reykjavík, the atelier offers some of the best knives you could ever own.

Páll Kristjánsson, or Palli as he likes to be called, has been making knives for over 30 years. His craftsmanship is renowned worldwide, but his knives are unique because he only uses sustainable materials. "Soffía and I use materials that otherwise would be thrown away and

give them a new life", Palli says. "Some of the materials we use are birch, rowan, horses' hooves, reindeer antlers, sheep horns and whale teeth." As a result, every knife is one of a kind and made with Japanese Damascus steel or stainless steel from Denmark, Germany and Sweden.

Soffía Sigurðardóttir's artisan kitchen knives are made with only the best blades, which have to be handled with care. She is also the only kitchen-knifemaker in Iceland. "I get inspiration from nature and my surroundings when I'm creating the knives. One colour combination of rust-red and green, I got from a ship in the shipyard in the Old Harbour in Reykjavík", Soffía says.

"Sustainability and the environment are very important to us. No animals are hunted for us. The ram horns and horse hooves come from slaughtered animals, and the ivory comes from beached whales. If we buy wood, we only buy from specially certified companies in the USA, which can reliably prove that the trees were legally chopped down.' Additionally, they get wood from old trees in Iceland that need to be cut down.

It's not only Palli and Soffía who sell their art in the atelier. Palli's brother Bjarni is also an artist. His primary medium is ebony and ivory, from which he carves out small animals and other figures. Just like Palli and Soffía, his materials are sustainably sourced.

Visiting the atelier gives a particular sensation of calmness. It is evident the work done there is done with care. The smell of the different woods and leather of the sheaths, combined with the calm sounds of birds chirping and the waterfall, which is literally in their backyard, makes for an exceptional experience. One which is highly recommended. -HDB



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# HAFNARFJÖRÐUR & HANSEATIC MERCHANTS The sailing into Hafnarfjörður

Hafnarfjörður was the main port of the German Hanseatic merchants in Iceland. It was also the country's largest import and export port from 1480 and throughout the 16th century. In 1602 Christian IV, the Danish king, issued a decree on monopoly trade, in which anyone not a citizen of the Danish state, was forbidden to trade in Iceland.

One of the greatest periods of decline in Icelandic history began at that time, but the monopoly trade lasted until 1787. The king also issued the decree in 1608 that all the buildings of the Hanseatic merchants in Hafnarfjörður were to be demolished, including the first Lutheran church in Iceland, a wooden church with a copper roof.

The church was established and constructed by Hanseatic merchants in Hafnarfjörður and Straumsvík and captains who spent time on Icelandic voyages.

Not much reminds us of the Hanseatic period in Hafnarfjörður today, except for a monument to the first Lutheran church built there by the harbour in 1533. The work is by the German artist Lupus; the gate commemorates the relations between Icelanders and Germans and points the way into the future. The presidents of the two countries unveiled the monument almost twenty years ago.



Hafnarfjörður port in the mild weather today.



A monument to the first Lutheran church in Iceland, built by the Hanseatic merchants in 1533 in Hafnarfjörður. Flensborg School can be seen to the left of the 6 metres high artwork.



The new headquarters of the Marine and Freshwater Research Institute at Hafnarfjörður harbour.

### THE JOYFUL WONDERLAND

The Little Christmas Shop that is festive all year round

nne Helen, owner of 'The Little Christmas Shop' on Laugavegur, Reykjavík's main shopping street, is what you might call a 'one woman wonder'. 20 years ago, she decided it was time for a change and turned to doing what she does better than most of us; making the world a prettier place, one Christmas ball at a time.

#### In the Land of Eternal Christmas

Anne Helen, a genuine aesthete, says she has always had somewhat of a Christmas obsession and an intense passion for things of beauty. She never goes for anything average but hunts for things of quality that truly stand out. Though she imports merchandise from all over Europe, her ambition is to specialise in Icelandic handiwork and ornaments. She already has an extensive range, most made exclusively for her by a number of craftsmen,

each having a distinctive approach and working in materials such as wool, glass and clay. In addition to customary Christmas ornaments, she includes local folklore figures, like the thirteen Yule Lads and the Christmas Cat.

Anne Helen loves is to tell customers about Icelandic Christmas traditions. Visitors often stop by simply because they've heard of her hospitality and the shop's friendly atmosphere. They rarely leave empty handed. After all, placing an Icelandic Yule Lad on your Christmas tree every year is a great way to remember your visit to Iceland.



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### CRUCIAL IN ICELAND'S ENERGY TRANSITION

Landsvirkjun will provide a significant role in the energy transition in Iceland and already reduces its carbon emissions

andsvirkjun believes that energy issues are environmental issues ✓and sees renewable energy as the way forward, with fossil fuels becoming a thing of the past. The energy transition is necessary if we are to counteract global climate change. Landsvirkjun is leading by example, and its status in environmental issues is excellent, as the company only generates energy from renewable sources and has one of the lowest carbon footprints in the world. The EU's benchmark for electricity as climate change mitigation is 100 grammes of carbon dioxide emissions per kilowatthour, and Landsvirkjun's operations only emit 3.6 grammes per kilowatt-hour.

#### Achieve carbon neutrality by 2025

Landsvirkjun's goal is to become carbon neutral by 2025, and the company is already well on its way to achieving that goal. As such, the carbon footprint from the company's operations has been reduced by 61% since 2008. Landsvirkjun's most significant challenge

is reducing emissions from geothermal power by 60%, which the company plans to achieve in three years. Indeed, these emissions are equal to 2.5% of Iceland's obligations on emissions reduction under the Paris Agreement.

#### Green hydrogen and methanol for energy transition

The company is working on two projects for electricity fuel: a green hydrogen project and a methanol project intended to support the energy transition in transport. These projects are in a developmental phase. The first project, which aims to develop green hydrogen production, will be used to adapt the energy transition in heavy goods transportation. The project will advance the possibility of reaching Iceland's targets in climate issues, at least regarding land transport. Hydrogen can replace fossil fuels as a completely carbonfree fuel, reducing emissions considerably, as one large commercial vehicle's emissions equal dozens of private cars emissions.

Meanwhile, the second project explores the possibility of producing methanol, a fuel considered suitable for the maritime energy transition. Methanol, which is a product made from hydrogen and carbon dioxide, can be effective and is growing in popularity. Engines

running on methanol are already in use, and international shipping liners have commissioned new vessels running on methanol. Several Icelandic companies have shown interest in the methanol option, seeing it as a practical first step in their energy transition.

#### Exporting Icelandic energy expertise

Landsvirkjun is not just committed to energy transition at home in Iceland: it supports the international energy transition via its subsidiary, Landsvirkjun Power, for international projects. Indeed, Landsvirkjun Power exports the knowledge gathered in Iceland regarding renewable energy sources. Landsvirkjun Power provides consultation regarding the preparation, construction, and operations of renewable energy power stations and is involved in their development. The latest project is a 10 MW hydropower station in the country of Georgia. The subsidiary is currently exploring projects in Greenland and Canada to support the energy transition in the Arctic region.



www.landsvirkjun.com











Alþingishúsið Austurvöllur, in December 2022, next to the Cathedral which was built in 1796, 85 years before the Alþingishúsið

Here is probably one of the most important halls of the Alþingishúsið, next to the Parliament hall

#### THE HOUSE OF THE NATION, ALÞINGISHÚSIÐ

#### Alþingishúsið at Austurvöllur was built between 1880 and 1881. Since then, two annexes have

was built between 1880 and 1881. Since then, two annexes have been built next to the original building, Kringlan in 1908, and Skálinn in 2002. It was at Alþingi 1867 that it was approved



Alþingishúsið Austurvöllur, in December 2022, next to the Cathedral which was built in 1796, 85 years before the Alþingishúsið



Vér mótmælum allir, painting by Gunnlaugur Blöndal, from the National Assembly in 1851. Jón Sigurðsson president standing in gray on the right. The painting hangs in the lobby of Alþingishúsið, but the event was a great boost to Iceland's struggle for independence.

to build an Icelandic stone parliament building in Reykjavík to commemorate a thousand years of Iceland's settlement in 1874. However, it was not until 1879 at Alþingi that a budget was approved to build a house that would not only be a building for Alþingi, but also a house for the country's museums and higher educational institutions. Ferdinand Meldahl, president of the University of the Arts in Copenhagen and master builder was commissioned to draw up designs for the house. The design was to be the subject of a great controversy for it was not to be built at Arnarhóll, because Governor Hilmar Finsen used fields there, but in the baker's slope, where Bankastræti 7 is now. In the autumn of 1879, they started digging the foundation in Bankastræti but when the master carpenter, F. Bald arrived in the country to



Old and new times, the corridor between Alþingishúsið and Skálinn . Kringlan can be seen on the right, built in 1908



The hall, the Icelandic Parliament has 63 members of parliament

build the house, with an entourage of fine stonemasons from Borgundarhólmur, he refused to build the building there on the steep slope, so again disputes over the location began. Finally, the cabbage patch located west of the Cathedral and owned by Halldór Kr. Friðrikson's, a member of parliament and a teacher, was bought for a great price. The stones that make up the house were taken from Pingholt, where you can now find Óðinsgata. Alþingishúsið was inaugurated during the assembly ceremony on July 1, 1881, and the first governor from 1873 to 1882, Hilmar Finsen (1824-1886), gave an inauguration speech after Mass in the Cathedral. After Hilmar retired as head of state a year later, he became mayor of Iceland's capital, Copenhagen, until his death. In the speech, he says; "...and there it now stands the most



Albingishúsið on the far left, seen from Tjörnin in the December light



One of the many parliamentary meeting rooms

beautiful and safest house that has ever been built in Iceland, to the pride of the country and it's people... and that the Icelandic Parliament, in cooperation with the administration, had the will and ability to carry out such a beautiful and magnificent work." Alþinghúsið is somewhat reminiscent, although smaller in size, of the Medici-Riccardi palace in Florence, built in 1444, with its roughly hewn stone, arched window arrangements and projecting roof edge. Nothing was spared in the construction. The walls of Alþingishúsið are 80 cm thick at the bottom, and the cavity in between is filled with lime, sand and cement. At the top, they are about half as thick. This remarkable house has served the nation well for 132 years, with three Governors, and 33 Prime Ministers during that time.



Pictures of former members of Parliament can be seen on the walls



Dining room for employees and members of the Parliament in the new extension, Skálan built in 2002

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#### Looking over to Reykjavík, Hallgrímskirkja can be KJALARNES KOLLAFJÖRÐUR seen on the left and Keilir mountain on Reykjanes in the middle of the picture. In front of the mountain, the contours of Landakot Hospital and Landakot Church can be seen.

At the foot of Esja, there is a promontory, named Kjalarnes, with about 1,400 inhabitants. This beautiful promontory, north of Kollafjörður and south of Hvalfjörður, belongs to the capital, Reykjavík, although Mosfellsbær, with its dense population, lies in between. In Kjalarnes, in the settlement of the first settler, Ingólfur Arnarson, the first regional parliament in Iceland, Kjalarnesbing, was founded, the precursor to Alþingi in Þingvellir. The assembly was then moved to Elliðavatn, but was still called Kjalarnesþing. From Kjalarnes there is n beautiful view, south to the capital at Seltjarnarnes, and all the way to Reykjanes over the Kollafjörður in Faxaflói. The village in Kjarnes is called Grundarhverfi, it's about a 25-minute drive from there to the centre of Reykjavík.



Horses under at the foot of Esja in -12 degree winter temperatures.



More than 700 people live in Grundarhverfi in Kjalarnes, close to the sea, nature and the capital. Kjalarnes is the northernmost part of the capital.



Klébergsskóli, which has been operating for nearly a hundred years with Esja in the background.



Brautarholtskirkja, the westernmost part of Kjarnes wth Esja in the background. The church is a replacement of the first church in Iceland that the settler Örlykur Hrappson built on Esjuberg just before 900. The current church was built in 1857 by Eyjólfur Porvarðsson, from Bakki on Kjalarnes.

#### TRAVEL IN STYLE WITH HREYFILL TAXI SERVICE

Why not skip the rental car in Iceland and book a taxi instead? Hreyfill taxi offers a personal experience, whether it is to be picked up from Keflavík International Airport or if you want to explore the country. Hreyfill is the largest taxi service in Iceland, as well as one of the oldest, founded in 1943.

Hreyfill is an excellent option if you want to travel to places off the beaten track or even if you just want a more intimate Golden Circle Tour. Longer or shorter trips are also available, and it is possible to book at short notice. The call centre is open 24/7, so there is always someone who can help.

One of the must-go places to visit in Iceland is the Blue Lagoon, near Grindavík. The lagoon is a great place to relax and eat good food, and having a driver and car from Hreyfill takes the whole experience to the next level. There is no need to plan your trip according to a company's coach schedule.

No trip is too short or too long. If you just need a ride to the next street over, Hreyfill is





happy to help. It's possible to order a taxi by phone, via email, through their app or just hail one from one of the many taxi ranks in the city centre. -HDB



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Vegagerðin Icelandic Road and Coastal Administration, IRCA 



### Keflavík's Marriott Hotel STRATEGICALLY LOCATED



he Marriott Hotel Keflavík is only five minutes away from Keflavík International Airport, thirty minutes from the capital, Reykjavík, twelve miles from the famous Blue Lagoon with the Fagradalsfjall volcano – Beautiful Valley Mountain only few miles further. Close by is the bridge between the continental plates of America and Europe, where one can literally walk from one continent to the other and where Clint Eastwood filmed his 'Flags of our Fathers' in tribute to the six soldiers who, in 1945, raised the flag on Iwo Jima.

#### Brigde restaurant

The new state-of-the-art lobby at Courtyard provides greater flexibility and choices for guests. At the centre of it all is The Bridge restaurant, for great breakfast, or dinner

and drinks during evenings. Guests also enjoy inviting, flexible spaces, whether working or relaxing, free Wi-Fi throughout and easy access to the latest news, weather and airport conditions. Brand new meeting spaces are perfect for interviews, corporate training and other events, such as hold corporate meetings. All rooms offer blackout curtains for quality sleep at any time, sleek, tiled bathrooms and a choice of a double or twin beds. Whether visiting Iceland for business or pleasure, the friendly staff at the Courtyard Reykjavik, Kef lavík Airport guide guests and help make their visit to Iceland a success. -HH



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# The Town of GRINDAVIK

Over the hills and not far away

#### Hiding in plain sight

If you love exploring new places and especially those little advertised spots that you had no idea even existed, the fishing town of Grindavík is for you. Located just 20 minutes from Keflavik International Airport and 40 minutes from downtown Reykjavík, the village lies just beyond the mountains that serve as a backdrop to the Blue Lagoon. Who knew? Drive past the lagoon; between the mountains and in just 5 minutes or less, you have arrived in Grindavík!

#### The Blue Lagoon's Home Town

Despite its small town feel, Grindavík boasts a relatively large population of just over 3000 inhabitants, many of whom can be found working in the fishing industry in one capacity or another. The large fishing harbour is second only to

Revkjavík. Here visitors can witness the fish being landed on the docks and sample fresh fish dishes served up by the many fine restaurants that take full advantage of their proximity to the ocean.

#### **Revkianes UNESCO** Global Geopark Besides the obvious advantage of having

the Blue Lagoon right on it's doorstep, Grindavík is also perfectly situated for those who come to the Reykjanes Peninsula to witness the geothermal and volcanic activity that the area is known for. Designated a UNESCO Global Geopark in 2015, the peninsula is home to many important geological formations, many of which can be found nowhere else in the world. With 55 geosites to visit, those with an interest in the geosciences will

have a wealth of opportunities to explore ancient lava fields, bubbling mud pools, steam vents, craters, volcanic fissures, not to mention the amazing variety of sea birds that populate the nearby cliffs.

#### Home base Grindavík

It goes without saying that Grindavík offers visitors a variety of options for accommodation-from modern camping facilities, to cosy guesthouses and quiet hotels. For eating out, there is something to suit every budget-from food trucks and fast food joints to high-end fine dining establishments. The local supermarket is well stocked with everything you'll need for doing a spot of home cooking. Relax in the town's geothermal pool, send postcards home from the local post office or visit the Icelandic Saltfish Museum and learn all about Grindavík's illustrious past.

All in all, Grindavík makes for an attractive and convenient home away from home while exploring the Reykjanes Peninsula. -EMV



Grindavík Vikurhraut 62 - 240 Grindavík grindavik@grindavik.is





### FISH HOUSE by the Harbour

ish House Bar & Grill by the harbour in Grindavík, offers not only fish but steaks, great pizzas and burgers, too. The restaurant holds one of the best weekend live music concerts in the country in Gígurinn, 'The Crater', an adjoining meeting hall that groups and businesses can also book. Dining guests can be lucky enough to find themselves unexpectedly experiencing concerts or other events that can turn the evening into an unusual, unforgettable experience. On weekends, as the evening goes on, The Crater, being next to the restaurant, turns into a bar, where locals and tourists have fun together.

Grindavík is one of the largest fishery towns in the country. Fishing vessels unload fresh catches ashore numerous times a day. From there, it is only a few dozen metres onto the dishes in the Fish House. It is not only the Fish House that is well located down by the harbour in Grindavík, the town itself is centrally located in the south of Reykjanes, just a few minutes' drive from the Blue Lagoon and less than half an hour



to Keflavik and the airport. It is much less than an hour's drive from the capital area. From Grindavík, it is a very short distance to see the new lava that flowed last year from the Fagradalsfjall volcano, just northeast of the town. What is better is that, after a little time outdoors, experiencing Icelandic nature, you can sit down to a good meal at the Fish House.

The menu at the Fish House is very varied. The fish of the day is always a classic favourite, followed by fish and chips with crispy fresh fish, seafood soup and panfried char. Meat dishes on the menu include lamb chops, Haf & hagi or Surf & Turf beef tenderloin with lobster, and lamb steak, a favourite dish of many Icelanders. Then they serve Fish Salad and Chicken Salad, both real burgers and fish burgers and then the volcano, with 140 grammes of beef in Brioche bread. About two dozen pizzas are then on the menu, either to enjoy on site, or to take away.

Fish House Bar and Grill is located at Hafnargata 6, in Grindavík. Meal orders and information can be placed by phone

426 9999. For information, orders or offers for groups it's best to contact by e-mail: kari@fishhouse.is









# CONTEMPORARY ART in Reykjanesbær

Explore the work of visual artist Snorri Ásmundsson



Reykjanesbær Art Museum is an excellent space for locals and tourists to explore contemporary art in Iceland, just minutes from Keflavik International Airport. The museum, which occupies an impressive 800 square metres, features carefully curated exhibitions that rotate throughout the year.

The current exhibition, which is on view until October, features work by visual artist Snorri Ásmundsson in the retrospective, Interloper. Snorri's art is not fiction or a well-fed 'alter-ego'; the artist is said to have no acting talent. For this reason, it is fair, perhaps, to maintain that Snorri is the most exquisite living work of art in Icelandic art history. Snorri can only be compared to the British artists Gilbert and George, who perform their lives as living sculptures, where the material is the British persona and the semiology surrounding that identity.

Thus, Snorri Ásmundsson's retrospective exhibition is also biographical, and guests may enjoy this artist's diverse body of work. The backbone of the production is based on eleven known, authentic performances that the entire Icelandic nation witnessed in real-time; these are the Conservative, the Presidential Candidate, Europe's Best Piano Player, Beauty Swift Revolution, Pyramid of Love, the Priest, the Letters of Indulgence Salesman, Master Hilarion, the Queen of the Mountains, the Chairman of the Cat Campaign, and Hatikvah. In addition, the exhibition includes dozens of paintings and photographs.

Björg

Snorri's art involves doing something without fear or regret. Not thinking about what might go wrong but rather focusing on what may go to plan. This invisible hurdle between an individual and their goal, whether to become a president or a priest or release a Christmas album, is non-existent in Snorri. The trick is to try and

see what happens, just giving it a go and hoping for the best. He sees no reason to take himself too seriously; the worries and the self-doubt are absent.

Interloper was curated by Helga Þórsdóttir, and the exhibition is on view until October.



2023 is a special year as the museum celebrates its 20th anniversary. In 2003, the museum started with about 200 pieces of art, ranging from paintings to sculptures. Today, there are almost 1,500 pieces of artwork in the collection. Art lovers must stop by Reykjanesbær Art Museum during their holiday in Iceland!





## KRAUMA Geothermal Baths

Experience Iceland's geothermal energy in these soothing hot baths

njoy Iceland's sublime naturally-heated waters while bathing in geothermal baths in West Iceland. Krauma, the newly opened bathing facility, offers five relaxing natural baths, along with a cold tub, two soothing saunas and a relaxation room, where you can lounge by the fireplace while listening to calming music. This is the perfect way to experience Iceland's renowned waters in a more intimate setting than the more crowded Blue Lagoon.

#### Powerful hot spring

The water for the baths is heated by Deildartunguhver, which is considered Europe's most powerful hot spring. It provides 200 litres per second of hot water at 100°C (212°F). To achieve the perfect bathing temperature, Krauma mixes the hot water with cold water from Raudsgil, which originates in what was the Ok glacier, Iceland's smallest glacier. Visitors can see Deildartunguhver next to the baths, with its water bubbling up and splashing against bright green moss and jagged rocks. Seeing where the heated water comes from adds to this unique experience. Be sure to keep your distance, though, to avoid being splashed if you get too close.

#### Important hot water source

Deildartunguhver is crucial to the comfort of the region. Most of the water used for central heating in the West Iceland towns of Akranes and Borgarnes is taken from Deildartunguhver. The hot water pipeline to Akranes is 64 kilometres long, which is the longest in Iceland. It's still about 78-80°C when it reaches the town.

#### West is best

Krauma is conveniently located in West Iceland, where there are numerous attractions. Starting from Reykjavík, you can make stops at the popular fishing town of Akranes and climb to the top of its lighthouse for spectacular views, before continuing to



Borgarnes to visit the Settlement Centre to get a taste of the famous Sagas. In Reykholt, one of Iceland's most notable historical sites, you can stop at the Icelandic Goat Centre before visiting Snorrastofa, dedicated to Snorri Sturluson, one of the most famous and important figures in Icelandic literature. Snorri penned the Edda, Egil's Saga, and Heimskringla before his death in 1241. There is so much to see and do in West Iceland and Krauma is perfectly positioned.

#### Visit Krauma

Geology enthusiasts and spa lovers alike will enjoy a visit to Krauma. You can experience nature from its core while bathing in these unique geothermal baths in beautiful West Iceland. Make sure you pay a visit to Krauma during your visit to Iceland. -JG



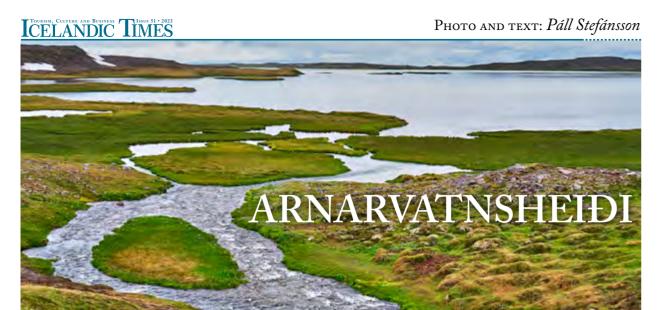












Looking over to Reykjavík, Hallgrímskirkja can be spotted on the left, Keilir mountain on Reykjanes in the middle of the picture. In front of the mountain, the contours of Landakot Hospital and Landakot Church can be seen.

It is said, whether it is true or not, that there are three uncountable places in Iceland. The islands in Breiðafjörður, the hills in Vatnsdalur and the lakes in Arnarvatnsheiði. Icelandic Times / Land & Saga went up to this heathland, from Miðfjörður north in Vestur-Húnavatnssýsla in the summer of 2021. The road F578 runs over Arnarvatnsheiði between Miðfjörður and Hvítársíða in the eastern part of Borgarfjörður. The heath has abundant vegetation, great bird life and countless lakes, full of trout, and low-key beauty. Arnarvatnheiði is one of Iceland's jewels, which few people visit, as it is only possible to get around the area for a short time of the year in well-equipped cars, or well-equipped on foot. Yes, there are a great many lakes, but the silence is even greater.













No experience like it

Tou start your trip from Reykjavik, setting off and in under two hours drive, you enter the Dalir region. It's a region of pristine nature, exquisite scenery, charming local businesses, family farms, regional food and leisurely atmosphere.

There is not much to compare to it: lying beside an open window with a gentle, fresh breeze and the only sound being from a common snipe or redwing, maybe some bleating from sheep in the distance.

Relaxing after a day of sightseeing, having tasted food direct from the farms all around Dalir, bathing in geothermal pools, walking across black sand beaches. Not to mention the experience you get during bright Icelandic summer nights.

Learning about the first settlers of Iceland, the work of the first Icelandic architect Rognvaldur Olafsson; picturing moments through the art of Icelandic sculptor Asmundur Sveinsson or looking out over the landscape that gave inspiration to poets like Steinn Steinarr and that hosted the battles of the Vikings in earlier centuries.

Yes, there is a reason why we are proud of our region of Dalir! Join us this summer and see why.



#### THE WESTFJORDS HERITAGE MUSEUM

Open: June 1.- August 31. Daily from 10:00 - 17:00

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Wednesday - Sunday 10 -14.



#### THE HERITAGE MUSEUM ON GARÐSKAGI, Byggðasafnið á

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The Settlement Center is only a one hour drive from Reykjavík

ome 1100 years ago, Iceland was a place covered with impenetrable forests and dangerous bogs, and it took groups of bold men to cross the rough North Atlantic sea, to discover the remote island and determine to settle there in order to start a new life. They were the first to name rivers, mountains and places that are world famous today, and many farms are still able to trace their history back to the days of the Settlement. As the most important source of Iceland's history, the Sagas are a collection of exciting stories built around these first settlers. Understanding Iceland completely means paying tribute to their achievements, which made the country what it is today.

#### A Warehouse of Exhibitions

In 2006 an Icelandic couple, actor Kjartan Ragnarsson and news reporter Sigríður Margrét Guðmundsdóttir, decided to dedicate a project to the story of the Settlement. They found a charming old warehouse in Borgarnes in West Iceland and started building up two exhibitions on the brave pioneers who followed their curiosity into the unknown.

Provided with an audio guide available in 15 languages, visitors find themselves in an elaborate labyrinth that displays history in a really exciting way. Step onto a moving boat and get the feeling of how it must have been to cross the ocean in an open boat! Listen to stories, while figures behind the glass silently watch over you. On the lower floor the exhibition of Saga hero and settler's son, Egill Skallagrímsson, takes you right into the story, with Egill's spirit at your steps.

#### Transformed through Art

Visual artists from Iceland and abroad contributed their work to both exhibitions, transforming it into a unique experience. Each audio tour takes 30 minutes, leaving the visitor with the deep desire to learn more. The Settlement Center's shop serves as a treasure chest of books on Saga literature, as well as Vikingthemed handicrafts and woolen items created by local artists. Take your time to complete your visit with a dinner in the cosy restaurant that catches the atmosphere of the house perfectly and boasts a range of sophisticated Icelandic food at reasonable prices.

-DT/ASF





#### FROSTY WHITE HVÍTÁ RIVER

The Hvítá is the tenth longest river in Iceland. Its source is at Eiríksjökull and Langjökull, in many small rivers that then merge. There is some fishing in the Hvítá, although more in its tributaries. Grímsá, Þverá and Kjarrá, which flow into the Hvítá, have the best and most expensive salmon fishing in the country. The bridge over the Hvítá, which stands on road 510 near Ferjubakki in Borgarfjörður, was designed by Árni Pálsson, an engineer at The Icelandic Road and Coastal Administration. The bridge hasa single lane and is 106 metres long. It was chosen by the Icelandic Society of Engineers as one of the engineering achievements of the last century in Iceland. For fifty years, the bridge was the main national road between the south and southwest of the country before the Borgarfjörður bridge, the largest bridge in Iceland,was inaugurated in 1979, south of Borgarnes.





The bridge over the Hvítá by Ferjubakki, built in 1928 and cost 169,000 ISK.

Looking southwest along the icy Hvítá, to Borgarfjörður. Hafnarfjall to the right, Brekkufjall to the left.



**Eldborg is a peculiarly shaped oval crater** in the middle of the Eldborgarhraun lava field in Hnappadalur. It rises 60 metres over the beautifully overgrown lava field surrounding it. Eldborg was formed in two eruptions, the later about a thousand years ago. Eldborg belongs to the eruption system of Ljósufjall, a little north of Snæfellsnes. The Book of Settlement tells the story of a blind elder, Sel-Pór Grímsson, who first saw the volcanic eruption from the Hripi farm, the farm which stood where the crater is now. Eldborg and the surrounding lava was protected as a natural phenomenon in 1974. From Snorrastaðir in Hnappadalur, there is a 3 km long hiking trail up to Eldborg. When you reach the crater, there is a stunning view west of Snæfellsjökull and south of Skessuhorn and Skarðsheiði, south of Borgarfjörður. Eldborg is 120 km / 75 miles from Reykjavík.



### Birthplace of Jón Sigurðsson

He laid the foundation of Iceland's independence and sovereignty

small, very remote farm, on a mountainside almost at the end of the world; the home of two men who served their country, separated by 6 centuries. A Viking chieftain in the late 12th century and a young scholar who was later to become known as the 'Father of the Nation'.

Hrafn Sveinbjarnarson was a Viking leader who travelled to England, France and to Italy, where he studied to become a physician in Salerno. He returned to become a popular leader in the West Fjords, only to be assassinated by one he had helped. He lived on the farm in Eyri, to which he gave his name.

Six centuries later, from this same little farm, came a young man, the son of a pastor, who was to change the destiny of Iceland. Hrafnseyri has become synonymous with Jón Sigurðsson, the man who, without a shot being fired or a man being killed, brought Iceland from servitude to the Danish crown to internal self-rule with a rekindled self-respect.



Today, the farm is a museum, a testament to the man who brought freedom to his nation. However, this is no dead memorial but rather a living extension of the lives of both these great men, each a hero in his time, taking their work forward in new ways whilst enshrining the values and achievements they made.

In 1944, Jón's birthday had been chosen as the birthday of Iceland as a nation, in recognition of the key role he played in bringing its freedom and independence from foreign rule, becoming a nation in its own right. It is celebrated each year as Iceland's National Day. On the 17th June, 2011, Iceland celebrated the 200th birthday of their most famous freedom fighter, who fought with words and wisdom, as opposed to the guns and bullets favoured by most governments and revolutionaries alike. The President of Iceland visited Hrafnseyri to open the celebrations marking, not only Jón Sigurðsson's birth but the rebirth and reopening of the museum dedicated to his memory on the same spot where he

This year, 2018, marks another anniversary. It is the centenary of Iceland's sovereignty, received from Denmark in 1918, thanks to Jón and his supporters whom he led in their struggle for the country's freedom.

Why would anyone want to live in such an inhospitable spot? The road linking it with the rest of the West Fjord towns in the north is often impassable in winter. The rest of the year offers an

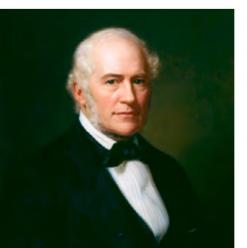
answer. It is located on the north slopes of Arnarfjörður, surrounded by scenes of great natural beauty, including Iceland's most beautiful waterfall, the 100m high Dynjandi (Thunderer) waterfall, often also called 'The Bride's Veil'. Hiking trails abound in the almost-untouched landscape of mountains, fjords, valleys and cliffs where wildlife is plentiful. Both the remoteness and peace of the fjord provide a good opportunity for anyone to wishing contemplate their role in life.

In 1829, when Jón Sigurðsson was 18 years old, he left the farm, first moving to Reykjavík before moving to Copenhagen to become a student in 1833. An upright and forthright man, he had the calm authority of a leader. He was able to converse with king and commoner alike - a trait that won him much respect and support as he argued, using his knowledge of the historical archives as his platform, to justify his claim for Icelandic independence. This was a time when revolutionary fervour was sweeping the western world. Independence movements in Germany, France and the USA provided inspiration to the students in Copenhagen.

Jón sought self-rule for Iceland under the Danish crown. Through his annual writings, he kept his supporters in Iceland informed. In 1851, a new Danish government sought to annex Iceland, making it merely another district of Denmark. The Alþing (the Icelandic parliament), which had become an advisory body on Icelandic matters, under Jón's leadership boldly resisted these

attempts. Despite Danish warships and military presence in the harbour, force was not used and a stalemate existed for a decade, during which Jón continued to argue so successfully that it became an accepted fact that Iceland should rule itself.

A committee was set up in Denmark, on which Jón served. He delivered his own report, in which he said, that the Danish constitutional government had no right to rule over Iceland, because there never had existed any contract between it and the Icelandic people. There had been a contract between the Icelanders and the Danish king, but when the king abdicated his power in 1848 and the monarchy became constitutional, the king had also abdicated his power over Iceland, which was entitled to become a fully sovereign state like Denmark. This was then enshrined in the Danish-Icelandic Act of Union, signed on 1st December, 1918. In addition, Jón also demanded five times as much as the Danish committee was considering, claiming reparations for damage done in the past. His motive was apparently to buy time, as Iceland was not ready to stand on its own either economically or politically and he wanted it be understood that the money was given as a right, not a gift.



Through his wisdom, diplomacy, eloquent argument and Godly conviction, Jón was able to bring a peaceful transition to self-rule at a time when most other European countries were suffering violently turbulent revolutions, in which many were tortured, killed or maimed in the battle for change.

Although Iceland received its sovereignty in 1918, it wasn't until 1944 that it became totally independent, the foundation for that independence and national identity having been laid by Jón Sigurðsson. The museum at Hrafnseyri is a testament to his life and legacy, giving a clear insight into his early years, through the chapel and the replicas of the farm buildings. The museum was renovated in 2011, with a dramatic new presentation designed by Basalt architects, who designed the Blue Lagoon's new structures. The museum uses its facilities to continue to educate and provide a unique setting for conferences and courses run in cooperation with Jón Sigurðsson's Professor's seat at the University of Iceland, as well as other Icelandic and foreign universities.

Visiting lecturers from Denmark, USA, Canada and the UK have taught innovative courses, such as the 2009 Conference on National Identity in a Globalised World. Provocative questions are asked with a view to stimulating debate and argument in order to provide a platform for change, based on discussion rather than violence, whilst addressing questions that have no easy answers. For example, "What place do national heroes have in a cosmopolitan world?" "What is the place of National Identity in a Multi-Cultural Society?" Jón Sigurðsson's legacy is very relevant in a modern world.

The Viking chieftain, Hrafn Sveinbjarnarson, was willing to brave many perils to travel through different countries, listening to new ideas, experiencing different cultures and then bringing the best to help his countrymen. If one remote farm can produce two such leaders, there must

help his countrymen. If one remote farm can produce two such leaders, there must be something very valuable to learn from it! Visitors today can stay in a variety of accommodations in the nearby town of Pingeyri. The road over the mountain is fine to travel from Spring to Autumn. Refreshments are provided in the replica turf house – delicious home-made cakes, waffles and jam, with coffee that make it the most popular café in the area!

This special experience is augmented by other locally produced items, along with souvenirs that will provide a constant reminder of this farm for heroes! A unique feature of the farm is its old chapel, which is fast becoming a hot favourite for couples wanting to get married in a very special location! It is also the venue for the conferences and courses held there during summer months, turning the museum into a forward-thinking university, building on the educational foundation that led to both its former famous inhabitants leaving such a mark on the country's history.

Interested couples, students and course providers should contact the museum's curator, Ingi Björn.

**The museum is open** in 2023 daily from 11:00 – 17.00 or by appointment with Ingi Björn Guðnason.



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Hælavík Cliff above Hornvík Bay





The Horn house in Hornvík Bay was abandoned in 1946, but is now used as a summer house

community existed there, even though living conditions were very tough, until the middle of the last century, when the whole area was abandoned. There is no road transport to or in the reserve, so walking is the only option to view and explore this area, which is one of the most remote, coldest, and also the most beautiful parts of Iceland. Almost everyone who has been to Hornstrandir agrees on that. Hornvík is the best place to start exploring the area, though it involves both a steep climb and incredibly diverse nature. Whether in its

there is nothing to compare to it in the

Jökulfjörður and Hornstrandir are available from both Bolungarvík and Ísafjörður.

Рното and техт: Páll Stefánsson



**The least populated**, and also the most remote municipality in Iceland, is Árneshreppur at Strandir, in the Westfjords. The population of this rugged and beautiful region is now just over 40 people and around four thousand sheep. The road conditions north from Hólmavík are hard to rely on during the winter months, but residents are guaranteed transport by air, to Gjögur from Reykjavík, and Norlandair flies there once or twice a week, with passengers and goods. There is a lot to see in the district, including two huge herring factories that operated for a short time before the middle of the last century. It has a great swimming pool and hiking trails that are hard to match. It is best to visit the area in late summer, when everything is in bloom.



Driftwood and the herring factory in Ingólfsfjörður



Suðurland, a ship that was run aground at the herring factory in Djúpuvík, and used as accommodation for staff.

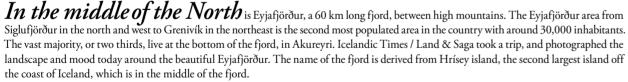


Ingólfsfjörður with the remains of a big herring factory



The small village of Gjögur, now deserted







The lighthouse at Svalbarðseyri



Old herring factory at Hjalteyri







#### Enjoy the breathtaking landscapes of Askja and Viti

celand's uninhabited interior is home to an otherworldly landscape that must be seen to be believed. It's full of dramatic and wild scenery, swept by endless wind and marked by vast expanses of ice and desert. It's the most distinctive landscape on the island, replete with lava fields and volcanoes.

#### Explore the highlands with Mývatn Tours

You can venture deep into the highlands on a day tour with the family-run business, Mývatn Tours. The Askja Classic tour, which has been operated for more than 40 years by Mývatn Tours, brings you to Askja on a unique 4x4 bus. Askja is a caldera (sunken crater) within the surrounding Dyngjufjöll mountains which offers dramatic volcanic features that were formed by collapsing land after a volcanic eruption. They are essentially huge volcanic craters. The area is remote and



awe-inspiring. Askja, which stands at 1,510 metres, emerges from the Ódáðahraun lava field, amidst rocky terrain.

#### The awe-inspiring Askja

Askja is in the middle of the Highlands and it takes between 3 to 4 hours to drive there. The trip starts and ends in the village of Reykjahlið, in the Lake Mývatn area. On the way up to Askja, the bus stops several times to have a closer look at the amazing landscapes and geological wonders, such as lava fields, glacial rivers, fresh water rivers, natural springs and towering mountains.

#### Travel in a vehicle equipped for the Highlands

Getting to the Highlands is no easy feat as basic rental cars are not suitable for the journey. With Mývatn Tours, you sit up high in a special vehicle designed to navigate the rugged Highlands, with a lot of space for your feet and your belongings. The 4×4 buses can handle the unforgiving lava fields and rivers. You are in safe hands with the experienced and professional drivers, so you can relax and listen to the guide while he tells you about the area.

When the bus arrives at the parking space in Askja around 12–1pm, passengers get 2–2½ hours to explore the area. There is

an approximately 35-minute easy walk from the parking area to Askja and the Víti crater area. Víti is a tremendous crater, filled with a pale blue lake, that emerged after the great eruption of the Askja volcano in 1875 where you can go for a swim, if conditions allow.

The Highlands are an unforgettable slice of Iceland and the guides of Mývatn Tours can't wait to introduce you to the hauntingly beautiful landscapes of its interior. - JG



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### DALVIK Nature Reserve

#### A protected outdoor paradise in the north of Iceland

he Friðland Svarfdæla Nature Reserve is a beautiful slice of North Iceland, an 8 km2 wetland located near Dalvík on both sides of the Svarfaðardalsá river. The reserve stretches from the sea up to Húsabakki in Svarfaðardalur. The area has been a protected region since 1972 and is the oldest of its kind in Iceland. Svarfaðardalur is a vast, densely populated valley in North Iceland, about 30 minutes from Akureyri. Small farms, babbling brooks and towering mountains surround the region.

Friðland Svarfdæla is an outdoor oasis with numerous hiking trails and birdwatching opportunities. In fact, the protected area is the home and nesting area for more than 35 bird species, making the area perfect for bird watching. The site has marked trails, information about birds, flora and fauna, and bird-watching houses and bridges for easy access. You can reach the nature reserve from Húsabakki in Svarfaðardalur or from Hrísatjörn, close to the town of Dalvík. From Húsabakki, travellers can walk through the nature reserve to the Svarfaðardalsá river, crossing it by a short footbridge and walk to the small forest of Hánefsstaðareitur.

Svarfdæla Nature Reserve was protected in 1972 with the help of farmers in Svarfaðardal to preserve the nature and landscape of the nature reserve. Wetlands characterise the reserve, and the area is an essential habitat for various wetland birds, but it is believed that more than 35 bird species breed within this protected area.

The primary conservation value of Svarfdæla Friðland is the area's bird life and bird habitat, but the reserve breeds, among other things, species that are listed as endangered and in imminent danger on the list of the Icelandic Institute of Natural History. In addition, various ecosystems in the area have a very high conservation value.

The management and protection plan for Friðland Svarfdæla is intended to be a strategic document, worked in collaboration with landowners, municipalities and stakeholders, and is intended as a management tool to shape the future vision for the area. The aim of its creation is to propose a strategy for the protection of the nature reserve and a plan to maintain its conservation value so that there is as much harmony as possible. The plan presents 10-year strategic goals, along with a rolling three-year action plan.







he dozen inhabitants in 1786, clinging to the side of Eyjafjörður, Iceland's longest fjord, probably never imagined their brave struggle would ultimately result in a town of almost 20,000 people with all the services of a major city.

Akureyri is not as big as any of the world's cities but it provides all the features and services expected of a big city in a very compact form, so that everything is available within a short distance.

Take, for instance, winter activities like skiing. The family-friendly slopes are under 10 minutes from the airport and the hotels. Likewise, the horse riding tours, boat trips, bird watching—to name a few—are all so close, you can almost touch them. You name it, it's closeby. The weather, with its combination of crisp, dry snow and Northern Lights, makes a holiday here memorable.

#### Cultural Centre of the North

When it comes to culture, Akureyri has it all: museums, art galleries, international exhibitions, conference facilities, music venues, music of all genres, theatre and cinemas showing the latest films.

It has well over 20 restaurants, covering both Icelandic and international cuisine, with top chefs who create their own innovative cuisine. There is an abundance of cafés, each with their individual speciality.

For groups and individuals, Akureyri offers such a wide range of activities, events and opportunities, it maximises the time available. There are a multitude of tours covering every interest from flying to caving, from fishing to the Hidden People, walking to whale watching.

#### Sports of all kinds

Sport activities are very popular in the North and many sports are represented in this dynamic community. We have already mentioned the ski slopes, but other popular

facilities are the big skating rink, football fields and recreational areas ideal for running, hiking and downhill biking.

The geothermally-heated swimming pools, with their hot pots, jacuzzi and awesome water slides are open—and very popular—all year round.

The Arctic Open Golf championship is played on the most northerly 18-hole course in the world, just outside the city under both snow—covered mountains and the midnight sun. You can hire clubs if you need them and relax in the club house afterwards.

#### See the Sights

Akureyri is also a service base for many of the most important tourist destinations in North Iceland. From here, you can visit Mývatn, Dettifoss—the most powerful waterfall in Europe, the islands of Hrísey, and Grímsey, straddling the Arctic Circle; see craters and boiling mud pools and, in fact, reach all the pearls of the North in under 2 hours. If you are planning your visit, then it's recommended you check out the Arctic Coast Way with all its wonders. www. arcticcoastway.is.

#### Easy Access

Flights from Reykjavík airport take just 35 min. Scheduled buses drive twice a day between Reykjavík and Akureyri. The trip from Reykjavík to Akureyri takes about 6 hours, although in the summer time you can choose a longer route over the highlands if you wish to turn your trip into a journey rich with sights and natural beauty.

The city bus service is free in town. Every type of accommodation is on hand, from 4-star hotels to camp sites.



Visit Akureyri
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www.visitakureyri.is





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### Krua Siam

Experience Thai Cuisine in North Iceland

In the heart of the largest town of North Iceland, Akureyri, is the Krua Siam restaurant. The restaurant specialises in authentic Thai food and offers fish, meat and vegetarian dishes.

The name Krua Siam means Siam Kitchen and refers to the name of Thailand until 1939. Many Thai customs involve food. It is common for everyone to order a few dishes, which are then shared among the group; it is even seen as bad luck to eat on your own. It is considered important to not throw away leftovers since it can anger the rice goddess, Phosop. Her role is to

make sure everyone has enough to eat and if she becomes angry, it could mean famine for the whole nation!

Krua Siam offers the option to eat in or take away and has offers for 2 and more people. There is a lunch buffet between 11:30 and 13:30 every weekday with many different courses. You can find dishes with everything from pork, chicken, shrimp, fish and, of course, fried noodles and vegetable dishes, as well.

The restaurant is situated smack downtown on the corner of Glerárgata and Strandgata, near to Ráðhústorgið and Hof, the Akureyri Cultural and Conference Centre. It is thus a great place to check out during your travels. Enrich your palate with a visit to Krua Siam. –HDB



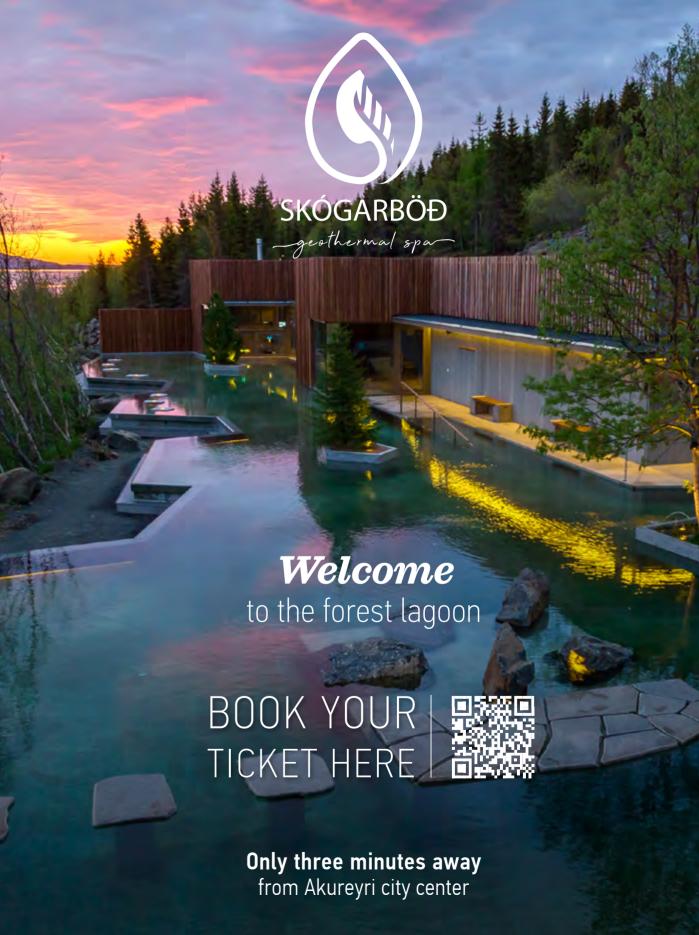
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ICELANDIC TIMES



### ART UP NORTH



#### Akureyri Art Museum hosts exciting exhibitions throughout the year

Aureyri is commonly called Iceland's "second city," a moniker many of the town's 20,000 residents find amusing given its small size. Akureyri has its own personality, and it feels and looks quite different from Reykjavík, more low-key and relaxed than the capital city, with a booming art scene. Listasafnið Á Akureyri (Akureyri Art Museum) is at the centre of it all.

There's perhaps no better representation of Akureyri's art scene than the Akureyri Art Museum. The museum hosts numerous exhibitions during the year, including works from painters, sculptors, textile artists, and multimedia artists. Those featured range from well-known Icelandic artists to up-and-coming students attending art school in Iceland. The collections are fascinating and a must-see for art lovers.

The summer season is exquisite as currently on display until the middle of August is Ragnar Kjartansson's The Visitors, a film of friends and musicians gathered in the natural surroundings of a farm in Upstate New York. The location of the farm, mixed with the music, becomes a scene for what Kjartansson calls a feministic nihilistic gospel song. It's a multilayered portrait of the artist's friends and an exploration of film and music.

Meanwhile, Blood & Honor by Steinunn Gunnlaugsdóttir is also on display until mid-August. The work features four flags that flutter on flagpoles on the balcony of the Akureyri Art Museum. The flags are the result of an experiment where three factors were merged into one concept: the Icelandic national flag, the humorous font Comic Sans and the letters from the Icelandic alphabet that represent the sounds that people make when they feel pain: A, Á, Ó, Æ.

There are also works on display from the artists Ásmundur Ásmundsson, Inga Lísa Middleton, Sara Björg Bjarnadóttir, and Guðjón Gísli Kristinsson, among other artists.

Akureyri Art Museum has a rotating schedule of exhibitions carefully curated by the museum's staff. There is always something worthwhile to see at the museum, and this autumn/winter is no different. Locals and tourists can look forward to a primitive sculpture exhibition by Brynhildur Kristinsdóttir, opening in late August, paintings by Katrín Jósepsdóttir, intricate woodcuts by Dröfn Friðfinnsdóttir, work from Portuguese/Brazilian artist couple Hilda de Paulo / Tales Frey and a mesmerizing film and sound presentation by Sigurður Guðjonsson.

The museum is a lovely place to spend some time when visiting Akureyri. It's located in the heart of the town and is open 10:00-17:00 June to August and noon-17:00 September to May. For those looking for a more personal experience, there are guided tours every Thursday in English at 12:30.



Guðmunda Andrésdóttir



Ásmundur Ásmundsson





Ragnar Kjartansson, The Visitors, still by Elisabet Davids

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### THE ICELANDIC FOLK AND OUTSIDER ART MUSEUM



Outside the museum one can look at sculptures and walk through the old garden.



The museum library contains hundreds of books and an impressive amount of source material on visual arts, design, architecture, textile and crafts.

each read put pir cylinds updatate
recrusive to recibilized buy dayer read

Exhibitions 2023. Sisí Ingólfsdóttir's work takes on a dialogue with the embroidery from Jenný Karlsdóttir's collection.

### Explore this fascinating museum just outside Akureyri

he Icelandic Folk and Outsider Art Museum was founded in 1995, and the museum collects and displays works by folk-, contemporary and outsider artists - who have an honest and direct connection to an original creative spirit; authentic, unspoiled and free. The core collection consists of thousands of artworks and sketches by more than 460 artists, dating from the mid-19th century to the present.

The museum's exhibition space has ten separate galleries of various sizes, a total of 500 square metres of exhibition space. There are rotating exhibitions each year featuring works from the collection and visiting artists.

This summer, until September 10th, the museum is presenting 12 new exhibitions featuring the works of various

artists. The emphasis is on fresh ideas and refined craftsmanship, including glassblowing, embroidery, silverwork, ceramics, photography, screen printing, and woodwork. One of the themes explored in 2023 is how visual art can help individuals cope with self-harm and contain it. Despite the seriousness of the content, the museum's exhibitions are bright, colourful and accessible to all.

This summer, the museum showcases three visual artists whose lives were marked by great adversity in the Created from Collections exhibitions. In the Middle Room, there is a memorial exhibition featuring works by Pálmi Kristinn Arngrímsson (1930-2015) titled The Garden at Home, while the West Room presents In a Bright Room, a series of paintings by Hjálmar Stefánsson (1913-1989). In the East Room, there is another memorial exhibition of works by artist Nonni Ragnas (1951-2019) titled Love is a Lovely Game.

In the foyer and Flower Room, the exhibition Family and Friends show works by Guðjón R. Sigurðsson, Helgi Þórsson, students from Valsárskóla elementary school, and children from the Álfaborg nursery school in Svalbarðseyri.

Meanwhile, in the Doll Room, an exhibition features dolls and costumes from around the world and a collection of works by B. Sóley Pétursdóttir entitled Silenced – Never Again.

This year, the museum received a gift of 2,500 textile works collected by Jenný Karlsdóttir, which will be stored in a special department dedicated to her. Embroidery works from her collection are displayed in the exhibition Home Adornments as well as embroidery works and plates by Sísí Ingólfsdóttir.

This summer the museum also displays works of art by Stefán Tryggvaog Sigríðarson, Klemens Hannigan, Anna Hallin, Olga Bergmann, Hildur María Hansdóttir, Guðmundur Ármann and Brynhildur Þorgeirsdóttir.

The Icelandic Folk and Outsider Art Museum is located in North Iceland, near Svalbarðseyri, about 10 minutes' drive eastwards from the town of Akureyri, on the opposite side of the fjord.



Ásgier G. Gunnlaugsson & Co. had a clothing and textile store in Reykjavík. Today the shop's fixtures and fittings are used to frame exhibitions at the Museum relating to textile, needlework, and handcraft.



Sculptures by Ragnar Bjarnason that are inspired by Icelandic folklore and legends, greet people outside the Museum and also inside the entrance



Exhibitions 2023. When creating his work, the artist Pálmi Kristinn Arngrímson approached the primal human instinct with humilty and sensibility.



Exhibitions 2023. When creating his work, the artist Pálmi Kristinn Arngrímsson approached the primal human instinct with humility and sensibility.



Exhibitions 2023. The children in the local nursery school display their work in the Flower Room.



Exhibitions 2023. Nonni Ragnas never got to display his artwork in public, but he never gave up. He transformed his home in Reykjavík into an exhibition and dance space where no surface went untouched by his hand.



Every year the museum displays a national costume. This year the museum shows faldbúningur - a festive national dress. Faldbúningur is the oldest type of national costume of Icelandic women.



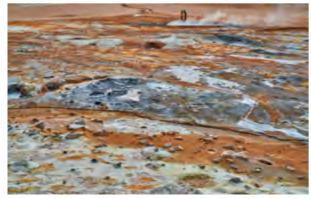
Mývatn in Suður—Pingeyjarsýsla in the north-eastern corner of Iceland, is not only one of the most visited tourist destinations in Iceland. The area by and around the lake, which is the fourth largest in the country, is world-renowned for its unique bird life and great and remarkable volcanic activity. One of the best known and most prosperous salmon fishing rivers in the country, Laxá in Aðaldalur flows from Mývatn. By the lake, there are a number of places that not only attract tourists, but are unique nationally and globally, such as Dimmuborgir, the pseudo craters by Skútustaðir, Hverfjall, Námafjall, Hverarönd and Leirhnjúkur. The lake itself exists in its current form after a volcanic eruption in Lúdentsborgir and Prengsbotnar 2000 years ago. Five hundred years before, Hverfjall, which leaves a strong and beautiful impression on the landscape round Mývatn, had erupted in one big explosive eruption. The last eruptions at Mývatn were Kröflueldar, nine small eruptions, from December 1975 to September 1984. Tourism in the Mývatn region has been exemplary in recent decades, as the area can be visited all year round. From Mývatn, it's 500 km to Reykjavík, almost 100 km to Akureyri, and just over 50 km to Húsavík or Dettifoss.



Hverfjall with its popular hiking trails. The crater was formed in an explosive eruption over 2500 years ago.



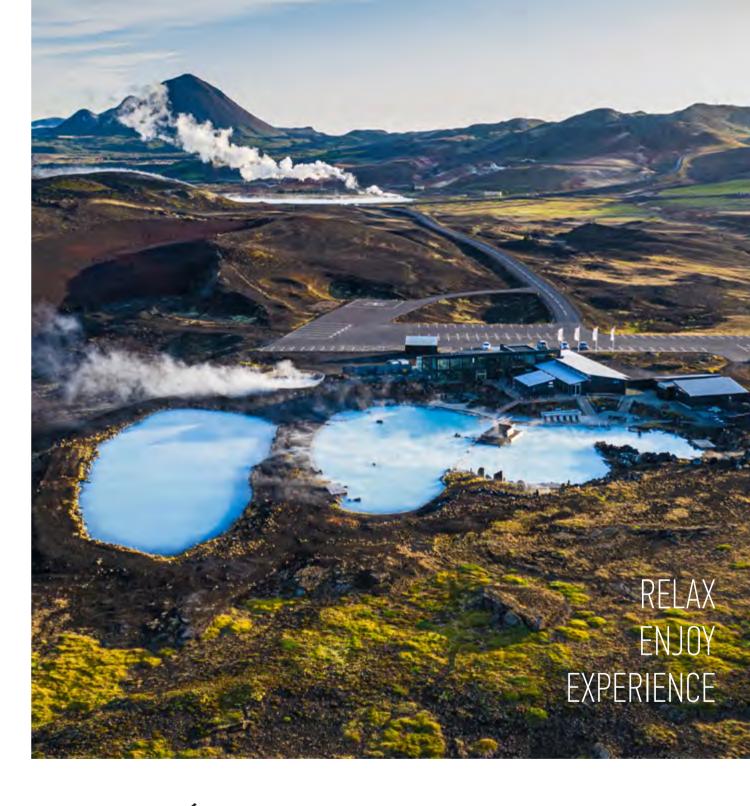
Lava fields from Kröflueldar



Colour splendour in the hot spring area at Námaskarð



Travellers by Hverarönd



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# BIRD PARADISE

n the mouth of the Fáskrúðfjörður fjord lies Skrúður island. The island is one big rock made of basalt and acid volcanic rock that rises 160 metres out of the sea. The island belongs to the Vattarnes land and was protected in 1995; it is 530 metres wide and 590 metres long. Over the centuries, there has been a lot of egg harvesting on Skrúður, as 18 bird species nest on the island. The birds number in the hundreds of thousands. There are, for example, 300,000 puffins in Skrúður alone. It is the most common nesting bird along with the gannet, which started nesting on the island in 1943. Fulmar and blacklegged kittiwake are also common nesting birds on Skrúður. There is a remarkable cave on the island coast named Skrúðhellir. It is estimated at around 4,000 m<sup>2</sup>, 125 metres long, and 80 metres wide at its widest point. Many puffins nest in the cave. Decades ago, fishermen sailed from Skrúður and between rowing tours, they stayed in the cave.



Gannets in flight





Nesting gannets on Skrúður



The gannet settlement on the east side of Skrúður



Looking at Skrúðhellir











he scenic town is home to striking nature and fun outdoor activities. Vopnafjörður is full of picturesque mountains, wondrous waterfalls, historical farms and one of the best spots on the island to enjoy Iceland's peace and tranquility. It's scenic, steeped in medieval history and home to an array of wildlife. The history of the village dates back 1100 years as the bay was first settled by Viking seafarers from Norway. Foreign merchants frequently sailed to Vopnafjörður in the early modern age, and a settlement gradually formed on a peninsula where the village of Vopnafjörður now stands.

### Stunning nature

The village has numerous opportunities for relaxation and outdoor activities. Many well-marked walking trails lead through the region's natural pearls. One of them, "the elephant", is a significant rock pillar on the east side of Vopnafjörður that resembles an elephant. Fuglabjarganes is a prominent cliff that juts out on the northern coast of the town. You can get a good look at it from a marked hiking path from the Strandhafnarvegur road, which is along the Fugla River. The scenery is beautiful with white beaches, towering cliffs and impressive rock caverns and pillars. Vopnafjörður is only 1-1.5 hours away from pearls of Iceland like Dettifoss, Mývatn and Langanes and only 2-3 hours from Herðubreið the queen of Icelandic mountains, Askja and Holuhraun.

### Outdoor activities

Vopnafjörður is a birdwatcher's dream and the Tangi peninsula north of the village is a beautiful and remote spot to watch seabirds. Vopnafjörður also offers several hiking routes that vary from easy to challenging. Beginners will find a wide range of mapped routes and marked trails that offer scenic views of the whole of Vopnafjörður —the bay, the Tangi Peninsula, inland areas and mountains. Hike to the end of the Tangi Peninsula to find interesting rock formations and beaches. Other fun activities include a round of golf at the well-maintained 9-hole course and taking a tip in the town's heated swimming pool.

### Culture and history

The old farm of Bustarfell is one of the best-preserved of the traditional Icelandic turf houses, which Icelanders called home for centuries. The museum offers a great opportunity to see how people's ways of living have changed through the centuries. The foundations of the current house are from 1770, but the house has undergone alternations over the years. Meanwhile, the East Iceland Emigration Center is dedicated to the emigration years 1870-1914, the years after the great Askja eruption of 1875 that displaced hundreds. The center is focused on the history of the region and renewing contact with emigrants' descendants. There are documents and photos on display. Stop by the village on your next trip to Iceland! -JG

# TENTHOUSAND YEARS



It has been 10,000 years since the highest mountain in the country outside of glaciers, Snæfell, last woke up. Snæfell, which is in Vatnajökull National Park, is the youngest volcano in East Iceland, 1826 metres high, made of rhyolite and tuff. The mountain is impressive as it rises a thousand metres from the plateau 20 km northeast of Vatnajökull. To the east of the mountain are Eyjabakkar, a green area, ideal for heather geese. To the west of the mountain is Vesturöræfi, the main home of reindeer in Iceland. The ascent of the mountain is quite easy from Snæfellsskáli, and the hike is 28 km long in total. There is a decent road to to be found to Snæfell, known as the Queen of the East.





The many faces of Snæfell





## Skógar Museum

### THE CROWN JEWEL AMONG REGIONAL MUSEUMS

This year its former director, Þórður Tómason celebrated his 100th birthday

C kógar Museum can be found by the Dmajestic Skógafoss waterfall in South Iceland, 150 kilometres east of Reykjavík. It is a cultural heritage collection of over 18,000 artefacts exhibited in three museums. The Museum displays a variety of tools used for fishing and farming, as well as some artefacts dating back to the Viking Age. There is also the Open Air Museum, showcasing historic buildings from the area, and the Technical Museum, which exhibits many historic vehicles and features from the transportation history of Iceland. This museum is the Crown Jewel of Icelandic regional museums.

### Fisheries and Agriculture

The Maritime section of the Folk Museum contains a large collection of objects related to fisheries along the south shore of Iceland. Fisheries in this region were unusual because Iceland's sandy south coast has no proper harbours; boats had to be launched from beaches open to the North Atlantic waves. The centrepiece of the section is Pétursey, the eight-oared fishing boat, built in 1855 and used until 1946. The Agriculture section contains tools and utensils used on farms in past times; riding gear, haymaking tools, wool- working and iron-working equipment. In a subsistence economy, farming households had to be selfsustaining, making and repairing all their own tools and utensils. The Folk Museum also has an esoteric collection of everything from textiles to natural history to rare books.

### Turf houses & Technology

In the original turf houses rebuilt in the Open Air Museum one can catch Skógar Museum The Crown Jewel among

regional museums the atmosphere of times long gone and experience the living conditions in Iceland throughout the centuries. The Technical Museum tells the story of technology and transportation and its development in Iceland in the 19th and 20th century. Among the many automobiles and two airplanes on exhibit is the world's best preserved Kégresse P15N track – a mustsee for all car enthusiasts!

#### Þórður Tómasson

Þórður Tómasson, the former curator and one of the founders of Skógar Museum has now sadly passed away. Þórður was born in 1921 in Vallnatún in South Iceland and as he was growing up he quickly developed an interest for folkloristics and the cultural heritage of Iceland. At a young age he started to notice the swift changes taking place in the daily life of what was essentially a farming culture that had not changed for centuries. As working methods modernized and old equipment became redundant, the tendency of the farmers was to get rid of it. Þórður started to collect old equipment that was being discarded. He also spent a long time listening to the elderly as he was growing up and later started to document this oral history.

In 1949 a new boarding school opened in Skógar and the first exhibition of the museum took place in the basement of the new school December 1st the same year. The museum expanded rapidly and in 1954 - 1955 a new exhibition building was built east of the boarding school where the museum is currently located.

Initially Þórður Tómasson took responsibility for the museum, and in 1959 he was appointed as curator. He was an organist in two churches and for many years he was a member of the parish councils of both. For ten years he was also a member of the Rangárvellir county council. In 1997 Þórður was awarded an honorary doctorate by the







University of Iceland for his contribution to research in the public interest.

Þórður was one of the most knowledgeable scholars in Icelandic cultural heritage and folkloristics. He has written many books and articles about the subject. The artifacts that he has collected and researched over the years is of great value for the cultural heritage of Iceland. For over 60 years Þórður also took an active part in greeting the visitors of the museum. He would gladly guide people around the museum and usually he would end the visit singing and playing the harmonium. Þórður's heritage and life's work can be seen in Skógar Museum.



### Skógar Museum

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ICELANDIC TIMES



### Laugarvatn's Lindin Restaurant & Café Bistro

T indin Restaurant & Bistro Café, Located on the banks of Lake Laugarvatn, has a firm foundation of culinary excellence that attracts patrons from around the world. Owner, Baldur Öxdal Halldórsson, pastry and master chef, trained at the Hotel and Restaurant School of Iceland between 1980-1984, received training as a pastry chef at the Culinary Institute of America, New York in 1986-1987, and attended the prestigious Richemont Professional School in Lucerne from 1988-1989, where he developed his interest in the art of chocolate and learnt the secrets behind a great dessert.

After his training abroad was completed, Baldur began something of a culinary revolution in Reykjavík, working at many of the top hotels and restaurants, creating spectacular and sophisticated desserts that were hitherto unknown in the capital.

### Mecca of Icelandic Wild Game

Baldur took over Lindin Restaurant in 2002 which has become known as the 'Mecca of Icelandic wild game', with its lamb, fish, seafood and game caught in the wild. His menu is seasonal and features exotic dishes that can be made from reindeer, goose, duck, cormorant, guillemot, puffin, minke whale or pan-fried arctic char. Always on the cutting edge, you can be sure of finding new and exciting additions to his dessert menus such as his delectable chocolate mousse with raspberry sauce, with watermelon pieces and white chocolate foam and his bilberry skyr mousse with crow berries and rhubarb.

### Passion for purity and freshness

Passionate about food, Baldur insists on the absolute purity and freshness of all his ingredients. Located in the heart of Iceland's 'greenhouse belt', he can take his pick of the choicest fruits and vegetables grown in the area year round. The restaurant even has its own small kitchen garden, providing a fresh supply of rhubarb, chervil, red and blackcurrants. The lamb and venison come from N.E. Iceland and are known for their delicious flavour, fed on mountain herbs. The Arctic char are caught fresh from either Lake Pingvellir or Lake Apavatn daily.

#### In the heart of the Golden Circle

Lindin is located in the village of Laugarvatn, right beside the lovely natural sauna, steam baths and pool at the Fontana Spa. The 45 minute scenic drive from

Reykjavík takes you through enchanting landscapes. Laugarvatn is half-way between Pingvellir and Geysir and Gullfoss, making it an excellent choice for a day trip to in one of the most scenic areas of Iceland. You can also now stay at any time of year in Laugarvatn at either the Golden Circle Apartments next to Lindin, the Gallerí Guesthouse or the village hostel to enjoy the Northern Lights in winter and the midnight sun in summer and the spectacular views from Lindin's terrace and garden across the lake to the Hekla and Eyjafjallajökull volcanoes.



### **Lindin Restaurant**

indarbraut 2 • 840 Laugarvatn indin@laugarvatn.is www.laugarvatn.is



## **Discover an** ICE-BLUE WORLD

Jökulsárlón Boat Tours on the Jökulsárlón Glacial Lagoon

There are few glacial lagoons existing in the world today and certainly none more aweinspiring and accessible than the renowned Jökulsárlón Glacial Lagoon, situated at the head of Breiðamerkulljökull outlet glacier on the peerless Vatnajökull Glacier.

### Sail Among the Icebergs

Jökulsárlón ehf has been operating boat tours on the east side of the lagoon for the last 30 years. Sail among the icebergs in a 40 minute amphibious boat tour, or take an exciting one hour Zodiac boat tour that goes further into the lagoon, getting you as close as is safe to the icebergs and the glacier itself.

#### Coffee with a View

Enjoy the spectacular view over the lagoon in the small café where you can get homemade soup with bread, fresh sandwiches, cakes with coffee or tea which can be either taken out on the terrace or consumed inside.

#### The Show of Fire and Ice

The magnificent annual fireworks display over the lagoon can be described without a doubt as one of the most memorable fireworks shows on earth. The event, held annually in late August, starts at 11.30 pm, with proceeds going to Iceland's volunteer search and rescue organization, ICESAR.

Located within a few hundred metres of Route No. 1, the lagoon is actually much bigger and deeper than it appears. With an area measuring over 28 square km (9.6 square miles), you could easily fit the island of Heimaey (in the Westman Islands) into it with room to spare. At over 300m (984 feet) deep, five Leaning Towers of Pisa, stacked one on top of the other, would fit inside the lagoon with room to spare. With the ebb and flow of the tides, sea water enters into the lagoon bringing with it krill, capelin, herring and salmon. Curious seals know where the food is plentiful and can often be seen bobbing along with the currents, swimming in and out between the icebergs and appearing to enjoy the attention from onlookers on the shore. Across the road, near the delta where fresh and salt water converge, you can walk down to the water's edge to witness the rather surreal sight of baby 'bergs' beached on the shoreline.



Jökulsárlón Reynivellir 3 +354 478 2222





# PHOTO AND TEXT Pall Stefansson



n Katla Glacier is one of the most beautiful and accessible ice caves in the country. The cave is charming, but danger looms ▲ above. The Katla volcano is overdue. Icelandic Times / Land & Saga, of course, went south today. You can't miss seeing such a wonder like the ice cave in Katla Glacier.

When Katla last erupted in 1918, it was catastrophic. Every hundred years or so, a major eruption happens in Katla, meaning it is over 100 years since the last large eruption.

It erupted in 1860, 1823, 1755, 1721, 1660, 1625, 1612, and 1580. Many were enormous eruptions, the largest in 1755 and 934 when there was a giant eruption in Katla. When will it erupt next? No one knows, but it'll be soon... probably.



Photographing the opening of the cave



The Katla volcano in Mýrdalsjökull is on the far left, next to Katla Glacier



Chinese ballet dancer filming a film scene in the cave



net in one of the most idyllic locations in South Iceland, Hellishólar offers a variety of accommodations for the weary traveller who is looking for a good night's sleep in peaceful surroundings.

The sprawling Hellishólar property is located 17 minutes from Route 1, near the village of Hvolsvöllur in the middle of Fljótslíð, a picturesque farming district sheltered by three glaciers: Mýrdalsjökull, Eyjafjallajökull and Tindfjallajökull.

### Cosy Cottages

Why not bed down for the night in one of Hellishólar's 25 popular, fully-furnished cottages? Each cottage can sleep from 3 to 6 people and has a small kitchen for making your own meals. If you prefer, you can also eat your meals in the on-site restaurant that serves breakfast, lunch and dinner.

### So Many Choices!

At Hellisholar, there is also a guesthouse and a brand new hotel called Hótel Eyjafjallajökull with 36 spacious and comfortable bedrooms, each with an ensuite bathroom.

#### A Glorious View of Nature

The views from Hellishólar are, in a word, stunning! In winter, when the Northern







Lights are visible, one has only to step outside the door and look up. The lack of light pollution makes Hellishólar an ideal location for viewing the Northern Lights.

In summer, the long days bring optimum opportunities to experience the many activities that are possible at Hellishólartrout fishing on the lake, salmon fishing from the river that runs through the

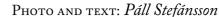
property and enjoying a round of golf on the 9-hole golf course. Hellishólar is the perfect base from which to explore South Iceland year-round. See you there! -EMV



Hellishólar ehf +354 487 8360 hellisholar@hellisholar.i www.hellisholar.is www.hoteleyjafjallajokull.is









Summer night by Skaftá, wich runs through the area



Lakagígar in the foreground, with Fögrufjöll by Langisjór to the north and the west of the craters, as seen in the wintertime



The road that goes around Lakagigar

xactly 240 years ago, one of the biggest volcanic eruptions in Icelands history began, on June 8, 1783 by Laki mountain, southwest of Vatnajökull in Vestur-Skaftafellssýsla. The eruption opened a series of about 135 craters 25 km long, known as the Laki craters. The eruption lasted eight months. The lava field, the Skaftáreldar lava field, is the second largest in historical times with about 13 km3 total volume of lava covering an area of 580 km2 of land. The lava actually has two names, the western part is called Eldhraun, while the eastern part is called Brunahraun. The Laki craters

were declared a preserved area in 1971 and are now part of the Vatnajökull National Park. Ash and volcanic fumes initially spread as a poisonous fog over Iceland that later also spread over Europe, America and Asia. Heavy pollution accompanied the haze, causing livestock to die in great numbers which, in turn, led to famine—not just in Iceland but all over the Northern Hemisphere. These were the Móðuharðindi, the greatest disaster to have befallen Icelanders both up to that time and ever since. About 20% of the population died in the Móðuharðindi. It was only a few generations ago. Will we get another eruption like this soon? Only time will tell.



Today the Lakagígar craters are grown with moss belying their catastrophic history. The area is charming for outdoor activities such and hiking and simply enjoying the power of nature.



Iceberg at Fellsfjara by Jökulsárlón



Icecave under Breiðamerkurjökull

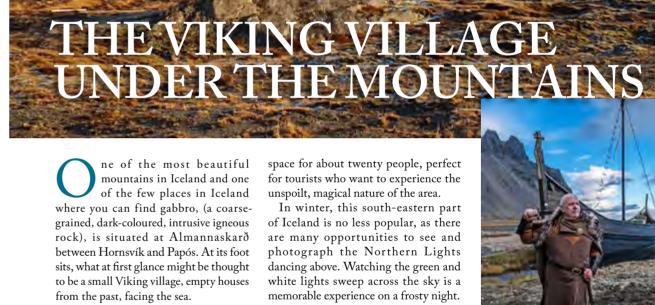


Tourists at Fjallsárlón in Öræfajökull, Vatnajökull

laciers cover more than a tenth of Iceland. The largest—and by far the largest, is Vatnajökull in the southeast corner of the country. It is the largest glacier in the world outside the arctic regions, covering 8000 km2. Next in line is Langjökull 950 km2, just a few square kilometers larger than Hofsjökull. Number four is Mýrdalsjökull, which is almost 600 km2 in size. Then comes Drangajökull in the west, at Strandir, but it covers 160 km2 of land. Other glaciers are much smaller. The smallest of the large glaciers and number thirteen in the series is Snæfellsjökull, which is about 3 square kilometers in size. Since 1995, for almost 30 years, Vatnajökull has shrunk by almost one and a half the size of Snæfellsjökull per year.



On top of Mýrdalsjökull



We are talking about the Vestrahorn mountain range, but the village is, if you look closely, a set that was built over twelve years ago. There are about seven houses of various types in a cluster and interested travellers can access to the area for ISK 900. It's great fun to look around among the houses and imagine the old days of the Vikings.

It is worth noting that in this area, the settler (and perhaps Viking!) Hrollaugur Rögnvaldsson built a town. He was considered a great ruler and a friend of King Harald according to the description in the Landnáma history book of the Settlement.

The Litla Horn property is privately owned by a local family, who are pleasant and down-to-earth people. Refreshments are offered at the Viking Café, camping is available, as well as a guest house with for tourists who want to experience the unspoilt, magical nature of the area.

In winter, this south-eastern part of Iceland is no less popular, as there are many opportunities to see and photograph the Northern Lights dancing above. Watching the green and white lights sweep across the sky is a memorable experience on a frosty night.

There are beautiful hiking trails nearby as well as a unique beach, owned by the family, where you can see the most beautiful stones - carried by the Hornafjarðarfljót river from the Vatnajökull glacier to the sea, where the pounding waves have rounded and smoothed them for thousands of years.

### An area of magic and play.

The Vatnajokull glacier is contrasted by the black sand beach. Geothermal heat flares up from icy banks and the beauty is supernatural in places. The area has been visited by travellers of all kinds, from ordinary campers to representatives of the 'Game of Thrones' series, to enjoy the surroundings and preferably, capture on film what they experience.

One thing is certain, the country's history can be found there. The history of

space for about twenty people, perfect





settlement, the history of nature and how

vast and magnificent it truly is. The hosts welcome their guests, and no one leaves Litla Horn untouched.



# THE BOBBY FISCHER CENTER

Housing the memorabilia of the 11th World Chess Champion, Bobby Fischer and the Selfoss Chess Club

he American, Bobby Fischer, became the World Chess Champion when he defeated the Soviet grandmaster and reigning World champion, Boris Spassky, in Reykjavik in the summer of 1972. The match is generally referred to as the Match of the Century. It took place at the height of the Cold War, mirroring the tense relations between the two superpowers, United States of America and the Soviet Union. Since 1948, Soviet chess players had held the World championship title uninterrupted for quarter of a century. On display at the Bobby Fischer Center in Selfoss are, among other things, Spassky's and Fischer's scoresheets, a printout from the radiation measurements demanded by Spassky's delegation after the 17th game and a replica of the chess board used during the match which was staged in Laugardalshöll in Reykjavík. In addition, on view are many curious items related to Bobby Fischer's stay in Iceland during his last years ( 2005-2008 ), his chair, for example, from the Bókin antiquarian bookshop in Reykjavík. He died on 17th of January 2008 at the age of 64. Bobby Fischer's final resting place is at Laugardælir cemetery, a few hundred metres away from the Bobby Fischer Center.













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### ICELANDIC TIMES



## Sagnaheimar Folk Museum in the magical Westman Islands

The Folk Museum of Vestmannaeyjarthe Westman Islands – is a museum built on old traditions. In addition to the many artifacts housed there, today's technology gives the history and culture a new dimension. While the adults are learning about the stories of fishing, cliff hunting, the Eldfell eruption of 1973 and the Algerian pirate raid of 1627, the children can dress themselves in pirate costumes and search for hidden treasures in the Pirate Cave. Displays and exhibits showing the deep connection with the Mormons, the colourful sports history of the Islands, the reconstructed fishing shack from vester-year or the "Festival" tent where islanders entertain during the annual Þjóðhátíð - National Festival can also be investigated. At the end of the 19th century, when the population was about 600, great changes took place. In 1904, the first motorised boat was purchased, and more followed soon afterwards. By 1930, the population had risen to 3,470. Now the Westman Islands are Iceland's most productive fishing centre.

### The Volcanic Eruption of 1973

The volcanic eruption in Heimaey shook the Islanders and indeed Icelanders fifty years ago. In the early hours of 23rd January1973 the volcano, Eldfell, erupted on Heimaey and the whole population of 5,300 had to immediately be evacuated to the mainland. That fateful night and the following days are chronicled in an array of photos. There are recordings of Islanders telling their personal experiences of the eruption and the rebuilding of their town in the aftermath.

### The Turkish Abduction

Another traumatic event befell on the Islanders 16th July 1627, when three Algerian ships sailed north up the Atlantic to the eastern shores of Heimaev. It is known as the Turkish Abduction because Algiers was under the control of the Turkish Ottomans. Three hundred Pirates disembarked and captured 242 islanders whom they brought to Algeria where they were sold into slavery. The story of this fateful day is vividly captured. The pirate cave is a wonderland for children. One of the captives, Lutheran minister Ólafur Egilsson returned in 1628 and wrote a book about the event. In 1636, ransom was paid for 34 of the captives but most spent the rest of their lives in bondage in the Muslim world. After this, a small fort was built at Skansinn - The Bastion- as armed guards kept watch from Helgafell mountain. The Islands

are famed for their annual Þjóðhátíð - National Festival - which attracts thousands of people from the mainland. The festival was first held in 1874, at the commemoration of the millennium of the settlement of Iceland. For the first time, a Danish King was visiting Iceland: Christian IX, who brought the Icelanders their Constitution that paved the way to sovereign statehood. The Westman Islanders were prevented from sailing to the mainland for the festivities by bad weather, so held their own celebration locally and have done so ever since.

### The Mormon connection

The Mormons also have their historical story exhibited at the museum. The first Icelandic Mormon missionaries. Þórarinn Hafliðason from Vestmannaeyjar and Guðmundur Guðmundsson from Rangárvellir on the south coast, worked in Vestmannaeyjar. Between 1854 and 1914 about 200 Islanders emigrated from the island to the Western World. The Mormon exhibit is in collaboration with Brigham Young University in Utah, along with a large group of enthusiasts who have researched the history and destiny of these pioneers. -HH









Herjólfur ferry. The sailing time is only 40 min and, on the way, you can expect to see seabirds and puffins, while sailing into the harbour is breathtaking.

The ferry is hybrid and aims to improve the environment towards a greener future. You can book your tickets on Herjólfur. is. The Westman Islands has so much to offer. It has the biggest puffin colony in the world and majestic nature. Viking tours are the leading tour operator on the Island. They offer private tours with a local guide in an electric Mercedes Benz. They

also have bicycle rentals, where they offer 20 Trek mountain bikes, and buses in all sizes for large and small groups. On their website you can book all the activities that are available in Westman Islands. Book your tours here









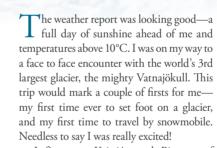




www.icelandictimes.com







I first met Kristján and Bjarney, of Glacier Jeeps, at our pre-arranged meeting place: Vagnsstaðir. This is the official meeting place for all Glacier Jeep summer tours. Glacier Jeeps has years of experience conducting jeep, snowmobile and hiking tours on the glacier since 1994. (Bjarney has been helping run the family business since she was 14 years old.) I parked my car and joined them in their sturdy 4WD, which wound its way slowly every upwards on road F985 after a short drive on Route No. 1. The gravel road twisted and turned around hairpin bends, past waterfalls and deep canyons. My guides fill me in on the details of the landscape, pointing out how the glacier has crawled across the terrain, devastating everything in its path along with other interesting facts.

It is about a forty minute drive from Vagnsstaðir to the roots of Vatnajökull Glacier where we suit up with boots, warm overalls and helmets for the snowmobile excursion.

Now it's time to test drive the snowmobiles. I am a little hesitant at first and Kristján shows me the ropes. It looks easy enough but I decide that I prefer to let him drive over the glacier with me sitting safely behind him on this 'skidoo for two', at least until I get a better feel for it. 'Off we go over the wild white yonder, climbing high into the sun' to paraphrase an old song, with cloudless blue skies above us and the wind in our faces. Further along we stop and dismount, to take in the magnificent panoramic views over the glacier, the Atlantic Ocean and the town of Höfn far below in the distance. I felt like I was on top of the world and it was truly a cause for celebration!

Kristján jokes that we cannot go onwards unless I drive. By now I am feeling a little more sure of myself and agree to give it a try. This time we are off to inspect a massive sheer rock face that rises straight up from the glacier at an elevation of 1200 metres. Finally, our one

hour snowmobile adventure comes to an end and it is time to return to base.

Glacier Jeeps also offers a hiking tour of the glacier that comes with all the equipment such as safety helmets, climbing irons and ice axe, instruction and a guide, included in the price.

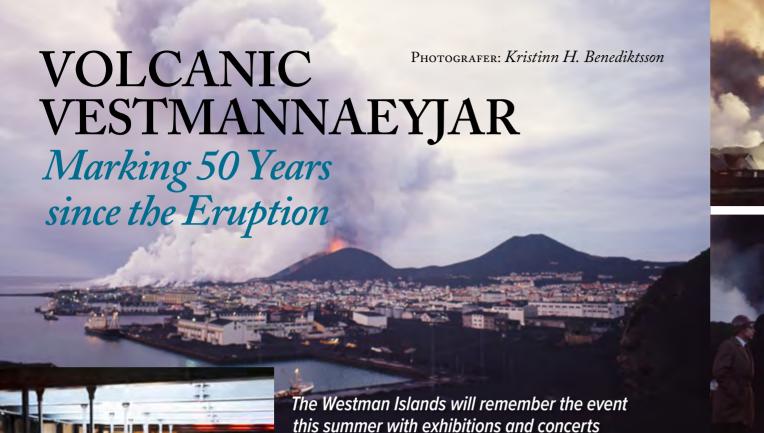
In case you just don't think a strenuous hike or a thrilling snowmobile adventure is for you, then Glacier Jeeps offers an alternative to see the glacier in a comfortable, specially equipped 4WD and is available year round, weather permitting. Each tour is only 3 to 4 hours in total, giving you plenty of time to do other things with your day, even though once you are up there you may not want to come down. Although it's best to book one day in advance, you can also just show up at Vagnsstaðir at either 9.30 am or 2.00 pm and join the tour from there.

Vatnajökull Glacier Jeep tours: a must for your bucket list! -EMV



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Most of Heimaey's residents left by

boat, and thankfully there were

no deaths. Following the eruption,

Eldfell, a volcanic cone that means

'fire mountain" in Icelandic, formed.

It stands 200 metres high and has become some of Iceland's newest

This summer, Vestmannaevjar will be holding a celebration at the beginning of July to mark the 50th anniversary of the end of the eruption. At Eldheimar, events will be organised, including an art exhibition from two of Iceland's best artists, sculptor

land. Today, Icelanders and tourists Òskar. There will be music and stories told alike hike in the region and soak up by Vestmannaevjar-born Gísli Helgason and his band and a concert held by Magnus R. Einarsson, playing music from the year of the eruption.

Kristín Ióhannsdóttir, Director at Eldheimar -Volcano Museum. Photo Baju Wijono

Testmannaeyjar (the Westman Islands) is a hidden gem in south Iceland, an area with rich birdlife, culture and natural beauty. With fewer than 5,000 residents, it's an isolated community surrounded by beauty. This year marks the 50th anniversary of a devastating eruption in Vestmannaeyjar, and the town will remember the event with art exhibitions and music.

### Volcanic eruption of 1973

On the morning of 23 January 1973, a volcanic eruption changed the lives of the people that called the Westman Islands home. The eruption, which came without warning, and lasted for five months, displaced more than 3,000 Icelanders. Ash from the eruption fell for weeks, destroying homes, livestock, and personal possessions.

#### Eldheimar museum

the scenery.

Eldheimar is a fascinating interactive museum about the 1973 volcanic eruption. It includes photos, surviving structures, and an overview of the volcanic geology of the region. Videos illustrate the force of the volcanic eruption and destruction left in its wake, and maps light up on the walls, pointing out volcanoes around the island.

The collection continues to grow. Earlier this year, Eldheimar received for preservation a remarkable film that geologist Ingvar Birgir Friðleifsson shot during the first days of the eruption. He was then studying for a PhD in geology at Oxford. The day after the eruption began, the director of the school's geology department invited him to go to Heimaey to film to preserve the event for science.

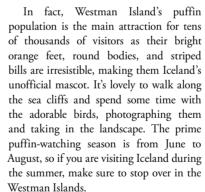
#### Close to the mainland

Visitors can get to the island through the Herjólfur ferry, which runs daily from May to September. Travellers can bring their cars on the ferry for an extra fee, but it isn't necessary, given the island's small size. The Herjólfur ferry departs from Landeyjahöfn in South Iceland, and the ferry ride is about 40 minutes, making it a quick and easy trip.

and painter Hulda Hákon and painter Jòn

### Great place to visit

For a small island, there are a lot of activities and attractions to take advantage of. There are boat tours, rib safaris, ATV tours, hiking trails, bicycle rentals and chances to see wildlife.



The Westman Islands' newest wildlife attraction is for whale lovers. The arrival of Little Grev and Little White, two beluga whales that were moved from China to Iceland in 2019, now call Vestmannaeyjar home. Sea Life Trust, a nonprofit, is behind the sanctuary, and guests can join a boat tour of the bay the whales now call home.

The Westman Islands are an ideal spot to spend some time when visiting the south of Iceland. There are numerous hotels, guesthouses and restaurants that make overnight stays irresistible. Consider travelling to the Westman Islands this summer and help mark the 50th anniversary of the 1973 volcanic eruption that has shaped the islands in multiple ways.

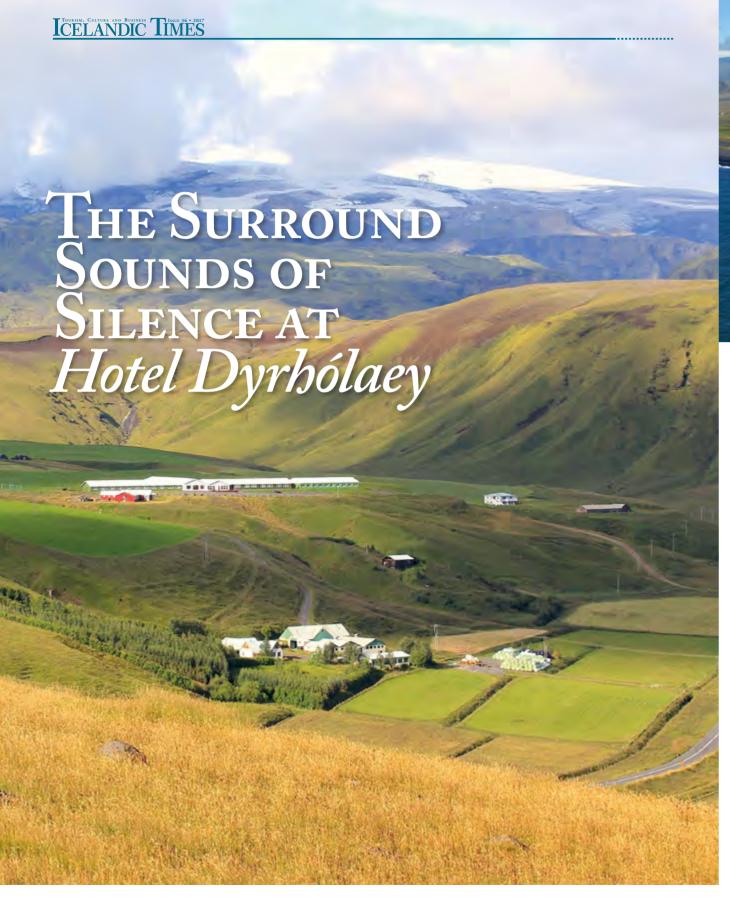














Hotel Dyrhólaey's owners grew up here

amidst all this splendour, and the family

There is an Icelandic expression that says "when you have such a great view, who needs pictures on your walls?" The phrase echoed my feelings exactly as I arrived at Hotel Dyrhólaey for the first time. A breathtaking panorama stretched out before me and far below, a dusting of newly fallen snow covered the Reynisfjall ridge, which suddenly took on new proportions. Bright green fields of cultivated grass lay before me and the blue expanse of water embraced the Dyrhólaey promontory in the distance. I felt as if I could stay here all day, drinking in the fresh air and the outrageously sublime view.

arrived can trace its roots back to the 19th century when their great, great grandparents began the business of dairy farming and sheep breeding. As Icelandic society gradually shifted from a largely agrarian society to a more modern one, the need for dedicated hotels became apparent at the time when tourism in Iceland was in its infancy. The family decided to take the plunge and the hotel was born.

### A passion for the Northern Lights

If one of your passions in life is to view the Northern Lights in a spectacular location, unperturbed by city lights, Hotel Dyrhólaey is the place to be. The hotel offers a wake-up service should the Northern Lights appear overhead in the wee hours of the morning.

The hotel boasts 110 fully equipped standard rooms, spread out over three wings that branch off from the spacious lobby and dining room that make up the hotel's core. A full bar and an á la carte restaurant opens for guests in the evening, and overlooks the dazzling panoramic view that welcomes you on your arrival.

### Surrounded by nature

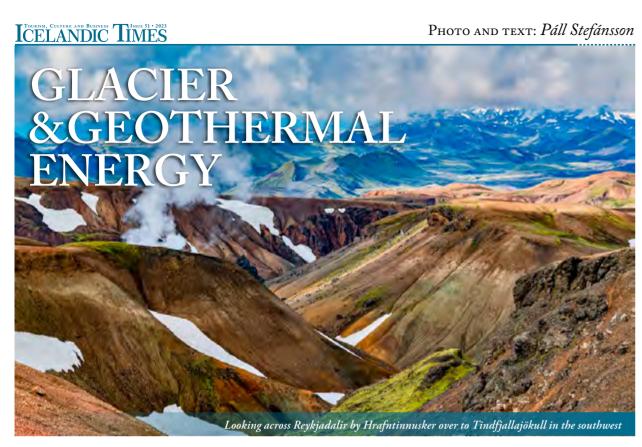
Hotel Dyrhólaey is conveniently located near many south coast attractions such as the iconic village of Vik, the famous Reynisfjara black pebble beach and sea stacks and of course the Dyrholaey promontory after which the hotel is named. For horse lovers there is horse riding in the magnificent nature, and for the very adventurous, there are glacier walks and snowmobiling on Solheimajökull glacier—all within a 10 to 15 minute drive from the hotel.

If you are after that special moment in time where mountains, sea and sky converge, enveloped by the sounds of silence, consider a stay at Hotel Dyrhólaey and let the magic begin. -EMV



Hotel Dyrholaey





rafntinnusker is a unique place in Iceland. Hrafntinnusker is the first destination when walking the Laugavegur, the country's most popular highland hiking route, from Landmannalaugar over to Þórsmörk. There is a 12 km well-marked footpath, quite steep, as Hrafntinnusker is the highest point of the Laugavegur, it has an altitude of 1,100 metres. At Hrafntinnusker is the Iceland Travel Association's cabin, Höskuldarskáli, built in 1977. To the south of Hrafntinnusker, the closest cabin is by Álftavatn. What makes Hrafntinnusker so unique are the colours, hot springs, glaciers and piles of snow, which are still there in the middle of September even after a good summer. In this area, by Torfajökull is one of the biggest high temperature areas in the country. There is a jeep trail to Hrafntinnusker, but it is only accessible to powerful mountain jeeps and only for a few weeks a year.



The ice cave in Hrafntinnusker



Geothermal area below Hrafntinnusker



Looking down into a hot spring right by the ice cave



# Delightful Bakeries IN SOUTH ICELAND







Almar Bakari offers delectable pastries and sandwiches in three locations

🐧 lmar Bakari is ideal for enjoying Adelicious pastries and savoury sandwiches when travelling in South Iceland. The family-run bakery has locations in Hveragerði, Selfoss and Hella. The owners, Almar Pór Porgeirsson and Ólöf (Lóa) Ingibergsdóttir, put passion and love into their baking. "We pride ourselves on having a great selection of pastries," says Lóa. "And if you are going on a picnic, we have a great selection of sandwiches." Customers can find delicious sandwiches like turkev breast on fresh-baked ciabatta bread with bacon and tomatoes, crunchy baguettes with ham and cheese and perfectly flaky croissants with cheese and salami.

Almar Bakari offers divine bread and pastries for the whole family. "Our bread takes 18-20 hours as they are slow-rising and handmade," says Lóa, adding that their sourdough bread, Hengill and Hilla, are the most popular. In all, the bakery makes 13 different types of bread.

As for the pastries, customers are tempted with many treats, from Icelandic classics like kleinur and vinarbrauð to doughnuts and cinnabuns. The cakes are exquisite, including carrot, chocolate, and caramel. The bakery is very inclusive as there are several vegan options available.

### Family-run business

Almar and Lóa opened their first bakery in Hveragerði in 2009. Since then, they have expanded to two other locations, and their four children and other family members all work for the business. Almar is a passionate, creative baker and learned his craft in Denmark more than 20 years ago. "The family wants customers to experience beautiful, good food, with friendly service," says Lóa.

### Convenient locations

Almar's bakeries are situated close to Route 1, which makes them an ideal stop when travelling along the southern part of the ring road. There is good parking at the sites, and the family is ready to welcome you whether you choose to dine in or takeaway to continue your Iceland road trip adventure! -JG



Almar Bakari Sunnumörk 2, 810 Hverager 354/483-1919 almarbakari@gmail.com www.almarbakari.is



### ICELANDIC TIMES



# EXPLORE ÁSGRÍMSLEIÐIN

### (Ásgrímur's Way) in Árnes County, South Iceland

Follow the route celebrating one of Iceland's most respected artists, Ásgrímur Jónsson

sgrímur Jónsson (1876-1958) was one of the pioneers of Icelandic visual art and the first Icelandic painter to make art his primary profession. He was born in 1876 on the farm of Suðurkot in South Iceland. From the outset, Icelandic nature was Ásgrímur's main subject, and his work formed the foundation of Icelandic landscape art.

There's a route called Ásgrímur's Way, which traces the life of Ásgrímur with stops at the LÁ Art Museum, the Árnes County Heritage Museum, and the house where he lived later in life in Reykjavík, which has been converted to a museum. The route is in Árnes County, south of Iceland, taking you from Reykjavík to Hveragerði to Eyrarbakki.

The LÁ Art Museum in Hveragerði is an art museum that preserves a small modern and contemporary art



Þingvellir, Öxarárfoss, vatnslitir, 1940



collection. The foundation gift to the museum includes a collection of works of art by Ásgrímur Jónsson, and is now on display in the anniversary exhibition Cornerstone.

Meanwhile, the Árnessýsla Heritage Museum in Eyrarbakki holds its exhibition in Húsið (The Merchants House) and several surrounding buildings. Húsið is one of Iceland's oldest houses, built in 1765. It sheds light on his childhood and adolescence. Upon arrival, Ásgrímur went to stay in the Húsið in Eyrarbakki and was not sent to a hut there.

Upon his death in 1958, Ásgrímur donated all his works that remained in his possession to the Icelandic nation, along with his home/art studio in Reykjavík. Now part of the National

showcases the life and work of Ásgrímur. The environment of his childhood home strongly influenced him and his artistic creation, and the tour follows that path.

We go through Stokkseyri to Gaulverjabær cemetery, where Ásgrímur rests. You can visit a monument to the artist that stands within the forestry of Timburhólar, not far from his childhood home. Although the houses in Suðurkot have long since disappeared, you can still see Ásgrím's Elf Church from the road. On this route, you can see the mountain range that nurtured the boy and inspired him.

With the Ásgrímur's Way, the museums want to draw attention to the life and work of Ásgrím Jónsson but also

celebrate the museums' anniversary. Ásgrímur's
Wav is a birthday trilogy about the people of Árnes County.



# Árnessýsla Heritage Museum

→ he history of the Árnessýsla Heritage Museum began in 1953, almost 70 years ago. In the beginning, it mainly held objects from the old farming community, with its emphasis on farming, trade and the fishing industry until mechanization. During these 70 years, of course, the emphasis has changed, and now more emphasis is placed on the daily life and households until the middle of the last century. The museum's first home was in Selfoss, but it was moved to Eyrarbakki in 1995. "Húsið á Evrarbakki, the oldest house in South Iceland, was built in 1765 and is our main jewel", says Lýður Pálsson, historian and museum director for 30 years. "These beautiful and unique buildings should be enjoyed, as they are, in fact, the main exhibits. Therefore, special emphasis is placed on the history of Húsið - The House - and its cultural significance in recent centuries."

When the merchant Jens Lassen built The House in 1765, Eyrarbakki was probably the largest trading place in Iceland. This was towards the end of the Danish-Icelandic Trade Monopoly, which lasted from 1602 to 1787. During this period, the citizens of the country were not allowed to trade with other merchants or foreign ships. At the time, it seemed that Eyrarbakki would be made the capital of Iceland, as it had a much larger population than Revkiavík.

Two other museums in Eyrarbakki belong to Árnessýsla Heritage Museum. The Maritime Museum, as Eyrarbakki was, through the centuries, one of the largest trading ports in the country, and Kirkjubær, an Icelandic family home built in 1920, where we go back a hundred years and see how ordinary poor people lived. Both museums are within walking distance of The House.

The well-known Icelandic painter Ásgrímur Jónsson (1876-1958) and the women of Eyrarbakki will be the focus of Byggðasafn Árnesinga in 2023. The spring exhibition, which will be ongoing until June, focuses on the childhood of Ásgrímur, who was born in a small hut of poor farmers in 1876. Ásgrímur Jónsson was born in Árnessýsla 1876, from confirmation age he was a helping hand in Húsið in Eyrarbakki. There he got to know Danish merchant culture, acquired his first watercolors and started following the path of art. The museum's summer exhibition, which opens on June 17, is about many aspects of the lives and work of women in Eyrarbakki and is based on texts and relevant objects. The women often worked under the guidance of their husbands, but individual women took





unconventional paths and rebelled against male rule. Other women did their work impeccably in silence, and the exhibition sheds light on their lives in a small village in the south of Iceland.

It only takes 45 minutes to drive from Revkiavík, or 15 minutes from the Ring Road from Selfoss. The museums in Eyrarbakki are open every day from May 1 - September 30 at 10-17 and by agreement at other times.

You can learn about the museum on the website www.byggdasafn.is and we are on Facebook and Instagram.







Hekla is the most active and probably the best-known volcano in Iceland. Hekla is a very young volcano, about 7000 years old, on a very active fissure, where the southern fracture zone and the southern gas zone meet in the country area of Rangárvallasýsla in the middle of the South. Under the mountain lie large magma chambers and craters, as Hekla has erupted many times since the land was settled, a total of 18 times in the last 900 years. But the biggest eruptions, truly cataclysmic eruptions, occurred before Settlement, 7000, 4500 and 2900 years ago. Hekla last erupted at the turn of the last century, in the year 2000, in a small eruption. The last major eruption in Hekla was in 1947. Since the Settlement, Hekla erupted in the years 1104, 1158, 1206, 1222, 1300, 1341, 1389, 1510, 1597, 1636, 1693, 1766, 1845, 1910, 1947, 1970, 1980 and in 2000. According to measurements, scientists predict that Hekla is due to erupt in the near future. It's just a matter of when the queen stirs, and whether it will be a big or a small eruption. Scientists cannot answer that as Iceland's nature is very unpredictable.



Hekla's peak



Hekla seen from the north-west



Pumis on the slopes of Hekla



Lava fields in the slopes of Hekla



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